

# Psychopathology

## PSYC 380, Section 010

### Fall 2016

**Professor:** Jeremy S. Cohen, Ph.D.

Office: Center for Counseling & Student Development (CCSD)

Office Hours: **Thursday 3-4 pm**, or by **appointment**.

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\*Email is the best way to reach me. Please type "PSYC 380" in the subject line and remember to include your name in the email.

**TA:** Megan Bookhout

Office: 165 McKinly Lab

Office Hours: **10:30 – 11:30 a.m. Wednesday**, or by **appointment**

E-mail: **bookhout@udel.edu**

**Class Time:** Tue/Thu, 5:00 – 6:15 p.m.

**Location:** Gore, Room 204

#### **Required Class Materials:**

- 1) **Textbook:** Barlow, D. H., & Durand, V. M. (2015). *Abnormal Psychology: An Integrative Approach* (7<sup>th</sup> ed). Stamford, CT: Cengage Learning.  
ISBN: 9781285755618. Available in Main Campus bookstore.
- 2) **Research Articles:** There will be several required articles for class. These will be posted on Sakai at least two weeks prior to covering them in class.
- 3) **Podcasts:** There will be two assigned podcasts which are available for free online. Links will be posted on Sakai.

**Prerequisites:** General Psychology (PSYC 100), Research Methodology (PSYC 207), Measurement & Statistics (PSYC 209)

**Course Description:** This course is intended to provide students with an overview of various psychological disorders and their etiology, diagnosis, assessment, and treatment. Students will be presented with current research in psychopathology and its relation to theories of abnormal behavior. A strong emphasis will be placed on critical thinking about course material and directions for future research. Students will learn to conceptualize psychopathology and to understand it within the frameworks of various theoretical perspectives. Classes will consist of reading assigned texts, regular attendance at lecture, participation in class discussion, and multimedia demonstrations of psychopathology presentation and treatment. Students are responsible for material covered in lectures and assigned readings.

#### **Course Requirements:**

**Reading Assignments:** Reading assignments are provided on the syllabus. They should be completed by the corresponding lecture dates. Because this course covers an extensive amount of material, not all concepts will be discussed in class lectures. You are responsible, however, for all material covered in the reading assignments. It is recommended that you bring a copy of the research articles to class on the day they are discussed.

**Podcasts:** Links to the podcasts will be posted on Sakai. There will be a corresponding written assignment with each podcast and these should be completed by the lecture date noted on the syllabus. There will be **2** such assignments and they will be worth **15 points** each. It is expected that students will be prepared to discuss material covered in each podcast.

**Article Summaries:** You are required to write a 1-2 page summary for **2 of 3** research articles assigned. These will be worth **15 points** each. Although you only will complete summaries for only 2 of the 3 articles, you are responsible for the material in all 3. Each summary should include 1-2 sentences summarizing the main point of the paper, and a brief review of the methodology, results, and conclusions. In addition, information should be included about strengths and weaknesses of the study as well as future directions. All written assignments will be submitted on Sakai. Additional information about these assignments can be found on Sakai.

**Minute Papers:** You will receive **5 points** for each in-class “minute paper” completed; completion of all 6 will result in a total of **30 points**. **THERE ARE NO MAKE-UPS FOR MINUTE PAPERS** unless you have an excused absence from the Dean’s Office. Minute papers are only completed in class but are not “pop quizzes.” Points will be awarded based on completion. They will provide the students a vehicle to examine issues brought up in reading assignments, lecture, the text, or small group discussions. It is helpful for students to read the assigned chapters before coming to class as minute papers and discussions will be dependent on having some prior knowledge of the topics to be covered. Dates of the minute papers will not be provided ahead of time. Therefore, it is important to attend class regularly in order to obtain full credit for these assignments.

**Exams:** There will be **3** exams during the course worth **100 points** each. Exams will *not* be cumulative. The professor may elect to curve the exam scores at his discretion. It is your responsibility to review lecture notes and assignments in preparation for exams. Material covered in lecture and in the assignments will both appear on exams.

The purpose of the exams is twofold. First, you should be able to demonstrate that you are familiar with material covered in the assignments and lectures. Second, you should be able to synthesize and integrate the material such that this knowledge can be applied in a broader context.

The first two exams will take place in class during scheduled class time and the third exam will take place during Finals. All exams will be closed-book. No notes or study aids may be used during exams. **Students will be asked to provide their UD ID when turning in each exam.** The dates and times of all scheduled exams are listed in the course schedule; please plan on being at all three scheduled exams.

**\*\* Make-Up Exam Policy:** *Excepting emergencies, there will be NO MAKE-UP EXAMS.* If a student misses an exam without a valid excuse (e.g., serious illness, family emergency, athletic event), then the student will receive a zero for the exam. In order for an excuse to be determined valid, students must show the Dean’s Office documentation of the reason for the absence.

*It is your responsibility to inform the professor of your absence BEFORE the scheduled test when possible.* If an athletic event or performance conflicts with an exam, please notify the professor within the first 2 weeks of class if possible and at least 1 week prior to the event if not planned. Should you be unable to notify the professor prior to the examination, you must communicate the information within 24 hours of the exam in order to be given consideration for a make-up exam.

If a make-up exam is deemed appropriate by the professor, it will be offered at a time that is convenient for both student and professor. If the student does not attend the make-up exam, a second make-up exam will not be offered and a grade of zero will be assigned. Make-up exams will differ from regular exams administered during class.

**Research Paper:** There will be 1 required research paper worth **100 points**. The paper needs to be 5 pages long (not including references or cover page) and will be on a topic of the student's choosing. Students should identify a topic of interest related to psychopathology and present a thoughtful, scholarly synthesis of contemporary research on that topic (i.e., a mini-literature review). This should include primary findings and themes in the research, limitations of the studies, as well as comments regarding future directions. The paper should be similar in organization and style to review papers published in peer-reviewed journals. It should *not* just be a series of summaries of research articles.

Papers should be in APA format, double-spaced, in 12-point Times New Roman font, with 1 inch margins. Students are required to include 5-6 references. The references should all be original research studies published in peer-reviewed journals. Additional information about this assignment will be posted on Sakai.

Students are required to turn in a **proposal for their topic** for their paper on the date noted in the course schedule. This will be worth **10 points**. All written assignments will be submitted on Sakai.

**Extra Credit Paper:** Students can complete an optional extra credit paper that will be worth a maximum of **10 points** to be added to the final grade. This paper should provide a critical analysis of how a particular psychological disorder has been represented in a selected movie, piece of literature, or television show. Emphasis should be placed on the accuracy of the portrayal. The paper should be 3-5 pages in length and should be prepared in APA style. Papers not prepared in APA style will not be awarded full credit. To facilitate obtaining maximum credit, students are strongly encouraged to consult with the professor regarding paper ideas. The paper is due by the beginning of class on **the last day of class**. Late papers will *not* be accepted – no exceptions. All written assignments will be submitted on Sakai. Additional information about the assignment will be posted on Sakai.

There will be no additional extra credit opportunities.

**Attendance and Participation:** Attendance at all classes is highly recommended given that exams will cover lecture material not covered in the textbook. In addition, minute papers will only be administered in class and there is no opportunity for make-up of these assignments. Students are responsible for all material covered during missed classes. Class participation is highly encouraged, but will not alter final grades.

If you need to be absent from class for an extended period of time due to an emergency or an illness, please contact the Dean's Office to ensure that appropriate documentation is sent to faculty members.

**Sakai Course Website:** This class will require that you access the course website regularly. The syllabus, grades, announcements, PowerPoint slides, research articles, and other information will be posted on Sakai. All written assignments will be submitted on Sakai. It can be accessed at **<https://sakai.udel.edu/portal>**.

Each week, I will post PowerPoint slides of lecture notes prior to the lecture. It is *highly* recommended that you print the slides in Handout form and bring them with you to each lecture. Having the lecture

slides printed should make it easier for you to take notes in class since you will not have to write down everything that is said. Please be aware that these slides will not be as complete as those presented in lecture, so it is still necessary to take notes in class.

**Policies:**

**Grading:** Your final grade will be based on the sum of your three exams (300 points total), article summaries (30 points total), podcasts (30 points total), minute papers (30 points), topic proposal (10 points), and research paper (100 points). The extra credit paper will also count toward your total points earned if completed (up to 10 points).

The exams account for 60% of your total grade, the research paper accounts for 20%, and all other assignments together account for 20%.

Course grades will be calculated by dividing the points earned by the total points offered in the course (500 points). *Grades are non-negotiable.* Final letter grades for the course will be assigned based on the percentage ranges below. Grades will not be rounded up given the opportunity for extra credit and because exams may be curved.

Grading System			
<b>A</b>	93.00 – 100%	<b>B-</b>	80.00 – 82.99%
<b>A-</b>	90.00 – 92.99%	<b>C+</b>	77.00 – 79.99%
<b>B+</b>	87.00 – 89.99%	<b>C</b>	73.00 – 76.99%
<b>B</b>	83.00 – 86.99%	<b>C-</b>	70.00 – 72.99%
		<b>D+</b>	67.00 – 69.99%
		<b>D</b>	63.00 – 66.99%
		<b>D-</b>	60.00 – 62.99%
		<b>F</b>	59.99% and lower

**Email:** When emailing, please type “PSYC 380” in the subject line and remember to include your name in the email. You can expect that the TA and the professor will respond within 24 hours (Monday through Friday) to emails. If you do not receive a response, you can assume that we did not receive the email, and email us again. Emails received over the weekend will be answered on Monday.

**Requesting Help from the TA or Professor:** We are here to help you succeed in this course, so please use us as resources. You may use office hours, which are listed above. If you cannot make regularly scheduled office hours, then feel free to email us to set up an appointment. Aside from office hours, the best way to reach us is via email. When you need to ask a question or receive help via email, please email the TA first. If your TA does not know the answer to the question, the TA can consult with the professor. The TA will primarily be responsible for grading assignments and exams, so if you have grading questions or concerns, please contact the TA first.

**Classroom Use of Outside Technology:** Using a cell phone or laptop during class for any non-class-related reason is distracting to you, your classmates, and the professor. Many students complain that other students’ technology use negatively affects their learning, and it can negatively affect your learning as well. All cell phone usage, including texting or internet-related activity, is prohibited during class, and cell phones must be on silent and put away for the duration of the class period. Similarly, laptops may be used in class only for taking notes. If the professor finds that you are using your laptop for activities unrelated to the course during class time, you will be asked to leave class and can return the next class period. Please be courteous and avoid using technology for non-class purposes during class.

**Academic Honesty Policy:**

Academic dishonesty will not be tolerated and will be subject to discipline by the University. All forms of academic dishonesty will be reported immediately to the Office of Student Conduct. Consequences may include failing the assignment or failing the course. Please refer to the Code of Conduct for a full description of academic dishonesty: <http://www.udel.edu/stuguide/13-14/code.html>.

All graded assignments are to be completed individually. If students have consulted any resources (e.g., websites, journals, books, other media) for a written assignment, they must include proper citations in APA format. Failure to cite such materials is considered plagiarism.

**Disability Statement:** This course is open to all students who meet the academic requirements for participation. The University's Office of Disability Support Services (DSS) can be contacted at 302-831-4643 to assist you with your rights and responsibilities related to your disability. Their website is <http://www.udel.edu/DSS>.

**Personal Subject Matter:** Our purpose in this class is to explore challenging subject matters and consider multiple perspectives and arguments. Students are expected to contribute to the course, and are expected to listen to the professor and classmates with respect.

Should you have any questions or concerns about the presence or treatment of a psychological disorder for yourself, friends, or family, please do not discuss this during class time. Students who are interested in consulting about these issues or in seeking psychological services are referred to the Center for Counseling & Student Development. The phone number is 302-831-2141 and the website is <http://sites.udel.edu/counseling/>.

**Statement on Academic Freedom:** Freedom to teach and freedom to learn are inseparable facets of academic freedom. The university has adopted a policy on academic freedom, which can be accessed through the following link: <http://facultyhandbook.udel.edu/handbook/421-academic-freedom-statement>.

## COURSE SCHEDULE AND ASSIGNED READINGS

Day	Date	Topic	Assigned Reading
WEEK 1			
Tue	8/30	Course Overview	
Thu	9/1	Abnormal Psychology: Past and Present	Chapter 1
WEEK 2			
Tue	9/6	Models of Psychopathology	Chapter 2 <b>Mental Health &amp; Stigma (blog)</b>
Thu	9/8	Models of Psychopathology	Chapter 2
WEEK 3			
Tue	9/13	Clinical Assessment and Diagnosis	Chapter 3
Thu	9/15	Research Methods <b>Podcast assignment due</b>	Chapter 4 <b>Invisibilia, The Problem with the Solution</b>
WEEK 4			
Tue	9/20	Anxiety Disorders <b>Article Summary #1 due</b>	Chapter 5, pp. 122-154 <b>Leichsenring et al. (2014)</b>
Thu	9/22	Anxiety Disorders	Chapter 5, pp.122-154
WEEK 5			
Tue	9/27	OCD and Related Disorders	Chapter 5, pp. 163-177
Thu	9/29	Trauma- and Stressor Related Disorders	Chapter 5, pp. 155-163
WEEK 6			
Tue	10/4	Somatic and Dissociative Disorders	Chapter 6
Thu	10/6	<b>EXAM #1</b>	covers weeks 1 – 5
WEEK 7			
Tue	10/11	Mood Disorders	Chapter 7
Thu	10/13	Mood Disorders <b>Article Summary #2 due</b>	Chapter 7 <b>Lin et al. (2016)</b>
WEEK 8			
Tue	10/18	Eating Disorders	Chapter 8, pp. 268-295
Thu	10/20	Eating Disorders <b>Topic Proposal due</b>	Chapter 8, pp. 268-295
WEEK 9			
Tue	10/25	Schizophrenia Spectrum Disorders	Chapter 13
Thu	10/27	Schizophrenia Spectrum Disorders <b>Article Summary #3 due</b>	Chapter 13 <b>Horvitz-Lennon et al., 2015</b>
WEEK 10			
Tue	11/1	Neurodevelopmental Disorders	Chapter 14
Thu	11/3	Neurodevelopmental Disorders <b>Podcast assignment due</b>	Chapter 14 <b>Invisibilia, Frame of Reference</b>
WEEK 11			
Tue	11/8	<b>ELECTION DAY – NO CLASS</b>	

Thu	11/10	<b>EXAM #2</b>	covers weeks 6 - 10
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Day	Date	Topic	Assigned Reading
WEEK 12			
Tue	11/15	Personality Disorders	Chapter 12
Thu	11/17	Personality Disorders	Chapter 12
WEEK 13			
Tue	11/22	<b>THANKSGIVING BREAK – NO CLASS</b>	
Thu	11/24	<b>THANKSGIVING BREAK – NO CLASS</b>	
WEEK 14			
Tue	11/29	Substance-Related Disorders	Chapter 11
Thu	12/1	Gender Dysphoria	Chapter 10, pp. 387-391
WEEK 15			
Tue	12/6	Mental Health: Legal and Ethical Issues <b>Research Paper Due</b>	Chapter 16
Thu	12/8	Last Class, exam review <b>Extra Credit Paper Due</b>	
TBD	TBD	<b>EXAM #3 (FINAL EXAM)</b>	covers weeks 12 - 15

Note: Schedule is subject to change per the professor's discretion. Any changes will be announced in class and on Sakai.