***University of Delaware***

***Psychology Department***

***Career Panel***

***14 March 2013***

Speakers attending:

(Seated Left to Right)

* Heather Catalino hcat@udel.edu
* Angela Seguin aseguin@udel.edu
* Natalie Schroyer natalie.schroyer@gmail.com
* Paul Gwiazdowski: paulgwiaz@gmail.com
* Jen Laird jlaird@udel.edu

Mentioned websites

[www.Higheredjobs.com](http://www.Higheredjobs.com)

[www.Usajobs.gov](http://www.Usajobs.gov)

**Heather Catalino:**

* *Marketing and multimedia coordinator and career services*
* *Runs social media for UD careers*
* *Licensed professional counselor in mental health*
* Neuroscience major
* Worked at a psychiatric hospital; Did marketing at a psychiatric hospital; Didn't have business background, but knowledge of Psyc helped her
* Came back to Delaware in June 🡪 Counselor and media at Delaware
* Small private practice on the side as well
* No 2 days are the same
* Job outlook:
	+ Bright
	+ *Need a Masters degree to do the type of counseling*
* Advice: opportunities come to you and you must try them out to decipher what you like and what you don't like, make a linked in profile

**Angela**

* *Works at student wellness program*
* Psyc/criminal justices
* *M.Ed specializing in college counseling*
* Has worked at numerous schools
* *Now at UD--> runs SOS [sexual offense support] crisis intervention, intimate relation violence, and stalking*
* Also works with sexual peer educators on campus
* Degree prepared her well with dual responsibilities in criminal justice and Psyc
* Also works in the federal environment
* No 2 days look alike!
* Very flexible job – diverse array of tasks
* Use of knowledge from UD classes: Abnormal Psych & Brain and Behavior!
* Job outlook:
	+ A lot of growth, a lot of opportunity
* Advice: find a niche doing something you really like, find volunteer experiences [this may help you find a job too]

Natalie

* UD alum 2009
* Psyc degree
* *Took psychology into business*
* Management development program in Sallie Mae – loan collection, customer service etc
* Did that for a year
* Vendor relationship management – for a bit
* Fundraising consulting for nonprofit organizations – making an impact
* Subject matter expert – onsite director
* Works with multiple sectors of non profits [religious, university, hospital, human services etc]
* Uses psychology everyday – working with people, managing people, motivation, rewarding, relationships and understanding necessary to be successful
* Social Psychology comes in handy
* Job outlook:
	+ Every non-profit is always looking for ways to raise money! They really will always need help!
	+ CCS- don't need certain experience… need motivation, drive, passion, enthusiasm, professional demeanor, willingness to learn
	+ *Don’t need masters to work with CCS*
* Psychology can be taken into so many different fields
* Work efficiency, be personable, and be knowledgeable about your interview, transferrable skills
* Apply to everything, you don't know everything you like and everything you don't like
* *Use career services*
* *Start applying, and start interviewing*

Paul

* UD alum 2010
* BA Psyc- minor business administration
* *Special investigations of an insurance company [workers compensation] internship*
* Critical thinking skills being utilized
* They created a position for him! Started using social network as an investigative tool for the insurance company
* *Field investigator position – investigation claimants, fraud investigations, criminally investigated people*
* Promoted into field assignment coordinator – works with vendors and assigns assignment, manage investigators, and train investigators on protocol
* Don't rule insurance out
* Job outlook:
	+ Many types of insurance and many new forms of insurance that are being created
	+ Looking for younger people to come in, because a lot of older employees will be retiring soon
* *Recommend: Look at internships early; especially if you don't want to go to grad school, internships can turn into a job! Even if it doesn't turn into a job, your supervisors etc. have so many contacts, that they can help you with.*
* *Networking is crucial*

Jen

* *Liaison for career services for Psyc major*
* BS in Psyc from Pitt and went to grad school at UD for college counseling
* Stopped at masters level and became career counselor
* Worked at Drexel with MBA students
* Worked with alumni in Penn State
* Now she is trying to open her own private practicing
* Counseling, present, data analysis, management student assistants
* Analytical skills from having to take these Psyc classes. Focus on details, back up questions with data
* *Advice: Get involved with student groups – valuable skills for the real world that aren’t able to be achieved in class*
* Do your research when considering masters, versus PhD, licensing etc