

Zachary M. Meehan

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EDUCATION

University of Delaware

August 2019-Present

Newark, DE

Doctor of Philosophy in Psychological and Brain Sciences—Clinical Science

Current GPA: 4.0

University of Northern Iowa

August 2017-May 2019

Cedar Falls, IA

Master of Arts in Psychology—Clinical Science

Thesis Title: The Effects of Conduct Disorder on Therapist Self-Doubt

GPA: 4.0

Truman State University

August 2012–December 2016

Kirksville, MO

Bachelor of Science

Major in Psychology

Minor in Biology

Minor in Statistical Methods

GPA: 3.7

Psychology GPA: 3.8

RESEARCH INTERESTS

Development of problem behaviors in adolescence	Evidence-based individualized treatment
Evidence-based treatment dissemination, implementation, and evaluation	Evidence-based assessment
Psychotherapy process and outcome	Resilience processes and protective factors for youth
	Treatment adherence

TEACHING INTERESTS

Child and adolescent psychopathology	Abnormal psychology
Introduction to statistical methods (psychology statistics)	Research design

PUBLICATIONS

- Meehan, Z. M.**, Hubbard, J. A., Grassetti, S. N., Docimo, M. A., Swift, L. E., & Bookhout, M. K. (2021). Using three reporters to identify pre-adolescent peer victims through latent profile analysis. *Research on Child and Adolescent Psychopathology (Formerly the Journal of Abnormal Child Psychology)*, 1-12. doi:10.1007/s10802-021-00768-2
- Shaffer, F., & **Meehan, Z. M.** (2020). A practical guide to resonance frequency assessment for heart rate variability biofeedback. *Frontiers in Neuroscience*, 14. doi:10.3389/fnins.2020.570400
- Shaffer, F., **Meehan, Z. M.**, & Zerr, C. L. (2020). A Critical Review of Ultra-Short-Term Heart Rate Variability Norms Research. *Frontiers in Neuroscience*, 14. doi:10.3389/fnins.2020.594880
- Shaffer, F., Shearman, S., & **Meehan, Z. M.** (2017). The promise of ultra-short-term (UST) heart rate variability measurements. *Biofeedback*, 44(4), 229-233. doi:10.5298/1081-5937-44.3.09
- Shaffer, F., Combatalade, D., Peper, E., & **Meehan, Z. M.** (2016). A guide to cleaner electrodermal activity measurements. *Biofeedback*, 44(2), 90-100. doi:10.5298/1081-5937-44.02.01
- Shaffer, F., & **Meehan, Z. M.** (2015). Preeclampsia. In G. Tan, F. Shaffer, R. Lyle, & I. Teo (Eds.). *Evidence-based practice in biofeedback and neurofeedback* (3rd ed.). Wheat Ridge, CO: Association for Applied Psychophysiology and Biofeedback.

Shaffer, F., & **Meehan, Z. M.** (2015). Diabetes mellitus. In G. Tan, F. Shaffer, R. Lyle, & I. Teo (Eds.). *Evidence-based practice in biofeedback and neurofeedback* (3rd ed.). Wheat Ridge, CO: Association for Applied Psychophysiology and Biofeedback.

MANUSCRIPTS IN PROGRESS

Meehan, Z. M., & Lefler, E. K. (in progress). The effects of conduct disorder on therapist self-doubt. Manuscript in preparation.

Beveridge, R., Fowles, T., Shadowen, N., Haut, B., & **Meehan, Z.** (in progress). Promoting change for young children in early care centers: Impacts of the Early Childhood Mental Health Consultation project in Delaware. Manuscript in preparation.

Meehan, Z., Haut, B., Shadowen, N., Fowles, T., & Beveridge, R. (in progress). Longitudinal analysis of educational outcomes of promoting alternative thinking strategies (PATHS). Manuscript in preparation.

PRESENTATIONS

Mlawer, F., Moore, C., Hubbard, J., & **Meehan, Z. M.** *Earlier adolescent peer interactions predict internalizing symptom response to Covid-19*. Poster submitted to the April 2020 meeting of the Society for Research in Child Development.

Meehan, Z. M., Hubbard, J. A., Grassetti, S. N., Docimo, M. A., Swift, L. E., & Bookhout, M. K. *Using three reporters to identify pre-adolescent peer victims through latent profile analysis*. Poster submitted to the April 2020 meeting of the Society for Research in Child Development.

Meehan, Z. M., Shadowen, N., Fowles, T., Beveridge, R., & Andrews, L. *Promoting change for young children in early care centers: Impacts of mental health consultation*. Poster submitted to the April 2020 meeting of the Society for Research in Child Development.

Meehan, Z. M., & Shaffer, F. *The efficacy of biofeedback for diabetes mellitus*. Oral paper submitted to the March 2019 meeting of the Association for Applied Psychophysiology and Biofeedback.

Meehan, Z. M., Urban, H., & Shaffer, F. *A review of the impact of antidepressants on heart rate variability*. Oral paper submitted to the March 2019 meeting of the Association for Applied Psychophysiology and Biofeedback.

Meehan, Z. M., Gravett, N., & Shaffer, F. *A comparison of the effectiveness of three linear transformations in normalizing heart rate variability data*. Poster

submitted to the March 2019 meeting of the Association for Applied Psychophysiology and Biofeedback.

- Meehan, Z. M.,** Garner, A. M., & Harton, H. C. (2019) *Researchers' acceptability of questionable research practices across disciplines*. Poster submitted to the 91st Annual Meeting of the Midwestern Psychological Association. Chicago, IL.
- Garner, A.M., Alacha, H. F., Zubrod, A. L., **Meehan, Z. M.,** Serrano, J. W., Willcutt, E. G., Canu, W. H., Hartung, C. M., & Lefler, E. K. (2019). *Sex differences in adult ADHD symptomology*. Poster submitted to the 91st Annual Meeting of the Midwestern Psychological Association. Chicago, IL.
- Meehan, Z. M.,** & Lefler, E. K. (2019, April). *The effects of conduct disorder on therapist self-doubt*. Poster submitted to be presented at the 91st Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Meehan, Z. M.,** Garner, A. G., & Harton, H. C., (2019, April). *Perceptions and prevalence of questionable research practices among a representative sample of faculty and graduate students*. Poster submitted to be presented at the 12th Annual Meeting of the College of Social and Behavioral Sciences, Cedar Falls, IA.
- Meehan, Z. M.,** Garner, A. G., Alacha, F. A., Holm, B. R., Anderson, F. A., Serrano, J. W., Willcutt, E. G., ... Lefler, E. K. (2018, November). *DSM-5 ADHD criteria: Sex differences on individual item endorsement*. Poster to be presented at the 52nd Annual Meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Meehan, Z. M.** (2018, April). *Differences in therapist self-doubt: Perceptions of conduct disorder*. Poster presented at the 11th Annual Meeting of the University of Northern Iowa's Graduate Student Symposium, Cedar Falls, IA.
- Rogers, A., **Meehan Z.M.,** Spain, V., Turner, N., Holm, B., Kinkade, E., Campbell, D., & Carroll, S. (2018, April). *Effects of education about depression on mood*. Poster presented at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Meehan, Z. M.,** & Garner, A. M. (2018, April). *Effects of mood and attention on prospective memory*. Poster presented at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Garner, A. M., **Meehan, Z. M.,** Lefler, E. K., Stevens, A. E., Serrano, J. W., & Hartung, C. M. (2018, April). *Gender differences in ADHD and internalizing symptom scores among college students*. Poster presented at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Meehan, Z. M.,** Musenfechter, N., Gravett, N., Watson, T., Smith, A., Shearman, S., Bartochowski, Z., West, A., & Shaffer, F. (2017, April). *A 1:2 inhalation-to-*

exhalation ratio does not increase heart rate variability during 6-bpm breathing.
Paper and poster submitted for the 2017 Association for Applied
Psychophysiology and Biofeedback annual conference, Chicago, IL.

Meehan, Z. M., Musenfechter, N., Gravett, N., Watson, T., Smith, A., Shearman, S.,
Bartochowski, Z., West, A., & Shaffer, F. (2017, April). *Breathing effort may not
reduce heart rate variability when respiration rate is controlled.* Paper and poster
submitted for the 2017 Association for Applied Psychophysiology and
Biofeedback annual conference, Chicago, IL.

Meehan, Z. M., Musenfechter, N., Gravett, N., Watson, T., Smith, A., Shearman, S.,
Bartochowski, Z., West, A., & Shaffer, F. (2017, April). *Ventral index and middle
finger sites are warmer than homologous dorsal sites.* Paper and poster submitted
for the 2017 Association for Applied Psychophysiology and Biofeedback annual
conference, Chicago, IL.

Shearman, S., **Meehan, Z. M.,** & Shaffer, F. (2017, April). *Ultra-short-term (UST) HRV
measurements can achieve strong concurrent validity.* Paper and poster submitted
for the 2017 Association for Applied Psychophysiology and Biofeedback annual
conference, Chicago, IL.

Meehan, Z. M. & Shearman, S. (2016, April). *Large-scale differences between dorsal
and ventral hand temperature sites.* Paper and poster presented at the 2016
Association for Applied Psychophysiology and Biofeedback annual meeting,
Seattle, WA.

Meehan, Z. M., Gardiner, W., & Schleuter, K. (2016, April). *Does hand position affect
blood volume pulse amplitude (BVPA) and skin conductance measurements?*
Paper and poster presented at the 2016 Association for Applied Psychophysiology
and Biofeedback annual meeting, Seattle, WA.

Meehan, Z. M., Gravett, N., Watson, T., & Smith, A. (2016, April). *Quantifying thigh
artifact during hand temperature measurement.* Paper and poster presented at the
2016 Association for Applied Psychophysiology and Biofeedback annual
meeting, Seattle, WA.

Meehan, Z. M., Holm, B., & Kinkade, E. (2016, April). *Predictive validity of two
popular coping measures.* Poster presented at the Truman State University
Student Research Conference, Kirksville, MO.

Meehan, Z. M. (2016, November). *Modeling counselors' attitudes toward inclusion.*
Paper and poster presented at the 2016 TruScholars Research Symposium,
Kirksville, MO.

Meehan, Z. M. (2016, December). *Effects of mood and attention on prospective memory*. Paper and poster presented at the 2016 Student Research Conference, Kirksville, MO.

Meehan, Z. M., Zerr, C. L., & Williams, C. (2015, April). *Does inhalation-to-exhalation ratio matter in heart rate variability biofeedback?* Paper and poster presented at the 2015 Association for Applied Psychophysiology and Biofeedback annual meeting, Austin, TX.

RESEARCH EXPERIENCE

➤ **Peer Relations Lab** May 2019-Present

Graduate Assistant

Supervisor: Julie Hubbard, Ph.D.

Description of Research: Our research covers both basic and intervention work in the field of children's peer relations and aggressive behavior. We are interested in furthering our understanding of the important role that bystanders play in children's bullying episodes, delineating the mechanisms underlying the reactive versus proactive functions of childhood aggression, and learning more about the precursors and outcomes of children's peer rejection and victimization.

Description of Duties: I am responsible for participant recruitment; training and supervision of undergraduate research assistants; data collection, coding, cleaning, and analyzing; creating and presenting posters for national conferences; and writing/editing papers for publication.

➤ **Center for Teaching, Evaluation, and Community Collaboration (C-TECC)**

Graduate Assistant

May 2019-Present

Supervisor: Ryan Beveridge, Ph.D. & Timothy Fowles, Ph.D.

Description of Research: C-TECC is designed to advance clinical science in academic, public, and community settings. In partnership with multiple community agencies and organizations, C-TECC conducts research and evaluation, trains mental health providers in evidence-based practices, and builds capacity in mental health care systems. One of C-TECC's principal missions is training the next generation of mental health professionals.

Description of Research Duties: I am responsible for participant recruitment; training and supervision of undergraduate research assistants; data collection, coding, cleaning, and analyzing; creating and presenting posters for national conferences; and writing/editing papers for publication.

➤ **The Effects of Conduct Disorder on Therapist Self-Doubt** August 2017-May 2019

Principle Investigator, University of Northern Iowa (UNI)

Supervisor: Elizabeth Lefler, Ph.D.

Description of Research: My research focuses on the manner in which therapist and client characteristics may interact to influence therapist perceptions of their clients. More specifically, I am examining a variety of manifestations of mental illness, and the characteristics of those mental illnesses that may influence therapists' self-doubt to positively impact their clients.

Description of Research Duties: As principle investigator, I am responsible for all aspects of the research process (e.g., literature review, designing methodology, implementation, analyses, writing).

➤ **Clinical Psychology Laboratory** August 2017-May 2019

Graduate Research Assistant, UNI

Supervisor: Elizabeth Lefler, Ph.D.

Description of Research: My team mainly focused on disruptive behavior disorders. Currently, we are examining ADHD and NSSI, and how these disorders may affect coping during the transition into college.

Description of Research Duties: I was responsible for participant recruitment; training and supervision of undergraduate research assistants; data collection, coding, cleaning, and analyzing; creating and presenting posters for national conferences; and writing/editing papers for publication.

➤ **Research Ethics Laboratory** August 2018-May 2019

Co-Principle Investigator, UNI

Supervisor: Helen Harton, Ph.D.

Description of Research: My team mainly focused on the frequency and perception of psychology, economics, and political science researchers utilization of questionable research practices (QRPs; e.g., HARKing, *p*-hacking).

Description of Research Duties: I was responsible for creating surveys for online administration; contacting and communicating with researchers in Universities throughout the United States; data collection, coding, cleaning, and analyzing; creating and presenting posters for national conferences; and writing/editing papers for publication.

➤ **Math and Science Services**

August 2017-May 2019

Graduate Research Assistant, UNI

Supervisor: Latricia Hylton, D.I.T.

Description of Research: I lead a team of 7-10 undergraduate researchers in the implementation and evidence-based reform of peer-facilitated study program for difficult courses, known as supplemental instruction (SI). SI targets notoriously difficult courses (those with high failure rates) and provides additional, undergraduate-lead study sessions that facilitate learning of evidence-based learning strategies using course content.

Description of Research Duties: I had both administrative and research-based responsibilities. Administrative tasks included hiring; leading weekly training meetings; scheduling; and reporting/presenting reports. Research-based tasks included training undergraduate research assistants in both implantation of the experiment and data collection protocol; designing and troubleshooting longitudinal quasi-experimental designs; building IRB applications; cleaning and reformatting data from previous research designs; creating surveys for both in-person and online administration; coding, cleaning, and analyzing large data sets (>5000 participants); and creating statistical reports.

➤ **Center for Applied Psychophysiology (CAP)**

August 2014-May 2017

Lab Manager, Truman State University (TSU)

Supervisor: Fredric Shaffer, Ph.D., B.C.B.

Description of Research: I was in charge, with mentor guidance, of a team of 20 undergraduate researchers. We studied the healthy variability of the human heart and the effect of cognition on physiology, utilizing techniques that include physiological (e.g., EKG) as well as behavioral assessments (e.g., PANAS-X).

Description of Research Duties: I had both administrative and research-based responsibilities. Administrative tasks included hiring/firing; leading team meetings; scheduling; and communicating with Registrar's office and the Department of Psychology. Research-based tasks included teaching experimental methodology; designing and troubleshooting experiments; building IRB applications; collecting data; recruiting and scheduling participants; coding, cleaning and analyzing data; creating posters and presentations; writing/editing manuscripts for publication; as well as presenting research at national professional conferences.

➤ **Clinical Psychosocial Laboratory** August 2015-December 2016

Undergraduate Research Assistant, TSU

Supervisor: Jeffrey R. Vittengl, Ph.D.

Description of Research: My team mainly focused on behavioral elements of mood and personality, such as anxiety and depression. Projects include the validity of two popular coping measures using participants' daily mood reports and theories of depression etiologies as predictors of current mood.

Description of Research Duties: I was responsible for training new members; adapting surveys/questionnaires for online use; building IRB applications; recruiting and scheduling participants; collecting, coding, cleaning and analyzing data; creating posters and presentations; as well as presenting research at national conferences.

➤ **Independent Research** May-August 2016

Undergraduate Research Assistant, TSU

Faculty Sponsor: Jeffrey R. Vittengl, Ph.D.

Description of Research: I was accepted into a competitive, grant funded, undergraduate research program at Truman State University for Summer 2016. This project, called "Modeling counselors' attitudes toward inclusion," sought to clarify personal and environmental predictors of counselors' attitude toward inclusion at the Adair County YMCA's summer program for children.

Description of Research Duties: I developed and created a research proposal, budget, IRB for full-review, corresponded with YMCA leadership, recruited participants, collected data across a 6-week period, coded, cleaned, and analyzed the data, as well as prepared and gave a presentation at a sponsored symposium.

➤ **Senior Capstone Project** August-December 2016

Undergraduate Research Assistant, TSU

Faculty Sponsor: Robert Tigner, Ph.D.

Description of Research: This empirically guided project studied the effects of positive and negative affect on individuals with suppressed and non-suppressed prospective memory processes.

Description of Research Duties: I developed and created a research proposal, IRB for full-review, recruited participants, collected data, coded, cleaned and analyzed the data, wrote a manuscript, as well as prepared and gave a presentation at a sponsored symposium.

AWARDS, HONORS, & GRANTS

Outstanding Thesis Award , University of Northern Iowa	February 2020
Graduate Scholarship , University of Northern Iowa	
Awarded to second year graduate students (\$6,869)	August 2018
Awarded to first year graduate students (\$2,289)	August 2017
Intercollegiate Academics Fund , University of Northern Iowa	
Grant funding awarded for thesis research (\$600)	September 2018
Travel grant awarded for attending MPA (\$650)	April 2018
Francine Butler Scholarship	January 2017
Awarded to qualified applicants after special nomination (\$1,500)	
This scholarship provides all fees relating to certification in Biofeedback	
Psi Chi MPA Research Award Winner	January 2017
Outstanding abstracts were selected from a pool of 600 submitted to Midwestern Psychological Association's annual conference (\$400)	
Morelock TSU Foundation Scholarship , Truman State University	
Marian M. Morelock foundation fund. (\$750 per year)	August 2012-May 2016
Combined Ability Scholarship , Truman State University	August 2012-May 2014
Based on the percentile of standardized test scores, high school GPA, and high school class rank (\$2,000 per year)	
Student Research Grant , Truman State University	June-August 2016
Truman State University funded independent research (\$5,000 total)	
AAPB Foundation Student Scholarship	Spring 2015; Spring 2016
Awarded to students pursuing doctoral degrees based on academic achievement	
\$400 and waiver for conference admission fee	
Psychology Department Travel Grant , Truman State University	
AAPB Conference, \$400	March 2017
AAPB Conference, \$400	March 2016
AAPB Conference, \$400	March 2015

President's List Fall 2013; Spring 2015; Spring 2016; Fall 2017
Awarded to Truman students who achieve a semester GPA of 4.0

Nominated for the Academic Honor Award, Truman State University Fall 2016
Recognizes the outstanding senior/graduating student major in each discipline

PROFESSIONAL & CLINICAL EXPERIENCE

- **Sean's House** November 2020-Present
Risk Assessor, UDel
Supervisor: Briana Haut, Psy.D.
Description: Sean's House provides peer support and as-needed risk assessments in Newark, DE and the surrounding area. My responsibilities include providing suicide risk assessments, providing recommendations for evidence-based programs in the community, and consulting with local evidence-based programs.
- **Psychological Services Training Clinic** August 2019-Present
Clinic Associate, UDel
Supervisor(s): Timothy Fowles, Ph.D. & Briana Haut, Psy.D.
Description: My responsibilities include evidence-based psychological assessment, writing integrated reports, consultation, and evidence-based intervention for purposes such as affective disorders, anxiety disorders, disruptive behavior disorders, as well as developmental and learning disorders.
- **Psychological Assessment Clinic** August 2017-May 2019
Clinic Associate, UNI
Supervisor: Seong-In Choi, Ph.D.
Description: My responsibilities included evidence-based psychological assessments for purposes such as learning disorders, intelligence, ADHD, and autism spectrum disorder.
- **Mental Health Institute, Child and Adolescent Unit** August 2018-May 2019
Intern, Independence, IA
Supervisor: David Barche, Ph.D.
Description: My responsibilities at the Mental Health Institute included evidence-based assessments for a variety of clinical diagnoses (e.g., childhood-onset bipolar disorder, depression, childhood-onset schizophrenia, ADHD); contributing in interdisciplinary team meetings; case consideration and recommendations; report writing; providing individualized therapy sessions;

contributing toward group therapy sessions; and communicating with interdisciplinary team of support staff including social workers, psychologists, nurses, psychiatrists, and volunteers.

➤ **Math and Science Services** August 2017-May 2019

Math Tutor, UNI

Supervisor: Latricia Hylton, D.I.T.

Description: I served as the tutor for the Psychology Department's graduate course titled Advanced Multivariate Statistics (STAT 6001).

➤ **Biofeedback Certification International Alliance (BCIA)** May 2015-May 2019

Special Projects Manager

Supervisor: Judy Crawford, Executive Director

Description: BCIA certifies those who meet education and training standards in biofeedback and neurofeedback. As Special Projects Manager, my projects have included copy-editing, website editing and troubleshooting, and communicating with state government agencies on recognition of biofeedback services for Medicaid and Worker's Compensation reimbursement.

➤ **Bremwood Residential Treatment** May 2018-August 2018

Group Facilitator, Lutheran Services of Iowa

Supervisor: Chelsea Rupprecht, Service Coordinator

Description: As a group facilitator, I lead sessions to teach mental and behavioral skills that children/adolescents, 9-17 years-old, could utilize to alter maladaptive behavior patterns. My job was to travel between units and host daily 1.5 hour sessions. I worked closely with children and adolescents who suffer from a variety of clinical diagnoses (e.g., conduct disorder, depression, bipolar disorder, schizophrenia).

Caseworker

Supervisor: Rachel Blough, Clinical Manager

Description: As a caseworker, I managed between four and five children throughout their interim placements at Bremwood. My responsibilities included meeting with each child at least once weekly for 1.5 hours to identify and contribute toward treatment goals; communicate with Department of Human Services' social workers on family/residential placements; communicate with organizations in the community to provide donations; organize and host team meetings consisting of DHS workers, therapists, family, foster families, etc.; and communicate as well as facilitate meetings with adoption agencies.

- **Kirksville R-III Public Schools** January 2017-May 2017
Paraprofessional Educator, Kirksville, MO
Supervisors: Mike Mitchell, Ph.D., Principal
Description: Primarily, I worked to provide the most safe and inclusive environment for adolescents with behavioral disorders (e.g. ADHD, Conduct Disorder, ODD, ASD). I am responsible for specialized or concentrated assistance to 8th grade boys in the juvenile system.

- **Adair County Family YMCA** August 2012-August 2017
Inclusion Counselor, Kirksville, MO May 2014-August 2015
Supervisors: Sarah Riffer, C.E.O., and Brittni Kastelic, Program Director
Description: I was the first inclusion counselor for the Adair County YMCA. This included working with children, aged 5-12, who require special attention. I have worked with children that suffer from intellectual disability (e.g., developmental disorder, down syndrome, intellectual disability), psychological/behavioral disorder (e.g., severe ADHD, conduct disorder, PTSD, severe anxiety), and physical disability (e.g., vision impairment, incontinent, hearing impairment, mute) as an aid and caregiver. Additionally, a YMCA sponsored commercial aired, featuring myself and children in the newly formed program.

- General Counselor, Kirksville, MO August 2012-August 2017
Supervisor: Brittni Kastelic, Program Director
Description: I was a general counselor, which includes working with 12-18 children, aged 5-13. My responsibility was to provide an optimal environment for moral development, learning, and play.

- Child Care Counselor, Kirksville, MO August 2012-May 2015
Supervisor: Brittni Kastelic, Program Director
Description: I was an infant/toddler counselor, which includes caring for 1-6 children, aged 0-4 years old.

- **Disability Services** August-December 2016
Note Taker, TSU
Supervisor: Michelle Blakely Ph.D.
Description: I was hired by disability services to take and share notes with those that would otherwise have difficulty.

VOLUNTEER EXPERIENCE

- **Department of Human Services**

Mentor, Cedar Falls, IA

Description: I volunteered as a mentor with two adolescent kids. As a mentor, I talked with the children weekly, by phone or in person, serving as a positive role model.

June 2018-May 2019
- **Camp Barnabas**

Cabin Counselor, Monett, MO

Supervisor: Jason Brawner, C.E.O.

Description: Camp Barnabas is a summer camp for those of all ages with special needs. The 24/7 service I provided involved adults with developmental disabilities, behavioral problems, vision impairment, and intellectual disability.

May 2014-June 2014
- **Special Olympics**

Olympian Assistant, Kirksville, MO

Supervisor: Brooke Empson, Chair

Description: My responsibilities included assisting children during the Truman State University-sponsored Special Olympics.

April 2015

STUDENT INVOLVEMENT

- Phi Kappa Phi, University of Delaware**

March 2020-Present
- Delaware Project, University of Delaware**

Graduate Student Representative for the Delaware Project

December 2019-Present
- Psychology's Student Advisory Committee, TSU**

Student Representative of the Psychology Department in consultation with Department Chair

August 2015-December 2016
- Academic Affairs Ambassador, TSU**

September 2015; August 2016
- Psi Chi, International Honor Society in Psychology**

President

Publicity Chair

Membership Chair

February 2014-December 2016

August 2016-December 2016

August 2015-May 2016

August 2014-May 2015
- National Society of Collegiate Scholars**

February 2014-Present

SPECIAL TRAINING

University of Delaware , Newark, DE	November 2020
Parent-Child Interaction Therapy	
University of Delaware , Newark, DE	August 2019; November 2020
Suicide Risk Assessment Training	
University of Missouri- Kansas City , Kansas City, MO	June 2018
Supplemental Instruction Supervisor (certification)	
Supplemental Instruction Leader (certification)	
Bremwood Residential Treatment Program , Waverly, IA	May 2018
Mandt System Training (certification)	
Child Abuse for Mandatory Reporters	
Dependent Abuse for Mandatory Reporters	
Treatment Residential Program , Quincy, IL	May 2016
Psychological First-Aid (certification)	
Truman State University , Kirksville, MO	December 2016
First-Aid (certification)	
CPR (certification)	

ASSESSMENT REPERTOIRE

Behavioral Assessment System for Children, Third Edition (BASC-3)

Children's Yale-Brown Obsessive Compulsive Scale

Conners 3

Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS)

Millon Adolescent Clinical Inventory- IV (MACI-IV)

Millon Clinical Multiaxial Inventory- IV (MCMI-IV)

Minnesota Multiphasic Personality Inventory-2 (MMPI-2)

Minnesota Multiphasic Personality Inventory-2 Restructured Form (MMPI-2 RF)

NEO- Personality Inventory Revised (NEO-PI-R)

Personality Assessment Inventory (PAI)
Personality Assessment Inventory-Adolescent (PAI-A)
Structured Clinical Interview for the DSM-5 (SCID-5)
Test of Variables of Attention (TOVA)
Wechsler Adult Intelligence Scale- IV (WAIS-IV)
Wechsler Abbreviated Scale of Intelligence-II (WASI-II)
Wechsler Individual Achievement Test- III (WIAT-III)
Wechsler Intelligence Scale for Children- V (WISC-V)
Wechsler Preschool and Primary Scale of Intelligence- IV (WPPSI-IV)
Woodcock Johnson- IV Test of Achievement (WJ-IV Ach)
Woodcock Johnson- IV Test of Cognitive Abilities (WJ-IV Cog)

PROFESSIONAL REFERENCES

Julie Hubbard, Ph.D., Professor of Psychology, University of Delaware
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Timothy Fowles, Ph.D., Assistant Professor of Psychology; Director of Psychological Services Training Center; Associate Director for Center for Training, Evaluation and Community Collaboration, University of Delaware
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