Abnormal Psychology
PSYC 334-010
Wednesdays, 5:15 to 8:15 p.m.
Wolf Hall, Room 100
A UD Capture Course!

Professor: Shellene Ball, Ph.D.
Email: sball@psych.udel.edu
Office: I do not have an office on campus.
Office Hours: Before and after class and Zoom online meeting by appointment
Personal phone: 615-509-3324

TA: Caroline Canale
Email: ccanale@udel.edu
Office: 800 Barksdale Rd., Rm. 207
Office Hours: Meeting by appointment

Course Learning Goals:
Abnormal Psychology is the scientific study of psychological disorders. This course will provide you with an overview of the field of abnormal psychology, including diagnosis, etiology, treatment, and research. By the end of the course, you will have an understanding of the major diagnostic categories of psychopathology, theoretical perspectives that help to explain and to direct treatment of psychopathology, treatment modalities, and an understanding of the research base underlying the field. It is also hoped that through this exploration of psychopathology that you will begin to appreciate the complex interplay of factors that affect human behavior.

Readings
Required:

Reading Assignments:
Reading assignments from the text are listed on the calendar on the last pages of the syllabus. To get the most out of class, students should complete the readings before the listed class. Please note: You are responsible for and will be quizzed on the material in the reading and the lecture. Even if reading material is not explicitly covered in a lecture, you will be responsible for it on exams. Make sure you read the material carefully.

Assessment of Learning:
To assess what you have learned in the class, there will be three exams (two mid-terms and a final exam). The mid-term and final exam dates are listed in the calendar below. The Mid-Term #1 will cover material from chapters 1-4; mid-term #2 will cover material from chapters 5, 7, 6, and 8; and the final exam will cover material from chapters 9, 11, 12, and 14.

Extra credit points can be earned by completing SmartBook chapter assignments listed on our course Connect page. You will earn 1 extra credit point for each chapter completed by the deadline listed on our Connect page. You can earn a total of 12 extra credit points, which is 4%
of the total points available in the class. Deadlines for the extra credit assignments will not be extended.

**Grading:**

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mid-Term Exam</td>
<td>100</td>
</tr>
<tr>
<td>Second Mid-Term Exam</td>
<td>100</td>
</tr>
<tr>
<td>Final Exam</td>
<td>100</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>300</strong></td>
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</tbody>
</table>

**Grading Cutoffs:**

- 93-100%       A
- 90-92%        A-
- 88-89%        B+
- 83-87%        B
- 80-82%        B-
- 78-79%        C+
- 73-77%        C
- 70-72%        C-
- 68-69%        D+
- 63-67%        D
- 60-62%        D-
- 59% and Below  F

**Getting help from your professor and/or TA:**

Your TA and I are here to help you succeed in this course and are invested in helping you learn course material. Please schedule an appointment for help during your TA’s office hours or see me before or after class or during breaks. If you need to reach us outside these times, emailing is best.

The phone number provided above is my personal cell phone number. Please use it respectfully (e.g., do not call before 8 a.m. or after 9 p.m.).

**Canvas:**

The syllabus, grades, announcements, PowerPoint slides, and other information will be posted on Canvas. Please make sure to explore our class Canvas page. You can find Canvas at [https://sites.udel.edu/canvas/](https://sites.udel.edu/canvas/). You are expected to check Canvas regularly to review your grades.

If you need help to understand Canvas, see the Canvas student help page at [https://sites.udel.edu/canvas/help-for-students/](https://sites.udel.edu/canvas/help-for-students/).

**Academic Integrity:**

Please familiarize yourself with UD policies regarding academic dishonesty. To falsify the results of one's research, to steal the words or ideas of another, to cheat on an assignment, to resubmit the same assignment for different classes, or to allow or assist another to commit these acts corrupts the educational process. Students are expected to do their own work and neither give nor receive unauthorized assistance. Complete details of the university's academic integrity policies can be found [here](https://sites.udel.edu/canvas/help-for-students/).
policies and procedures can be found at sites.udel.edu/studentconduct/sgup/ Office of Student Conduct, 218 Hullihen Hall, (302) 831-2117. E-mail: student-conduct@udel.edu

Harassment and Discrimination:
The University of Delaware works to promote an academic and work environment that is free from all forms of discrimination, including harassment. As a member of the community, your rights, resources and responsibilities are reflected in the non-discrimination and sexual misconduct policies. Please familiarize yourself with these policies at www.udel.edu/oei. You can report any concerns to the University’s Office of Equity & Inclusion, at 305 Hullihen Hall, (302) 831-8063 or you can report anonymously through UD Police (302) 831-2222 or the EthicsPoint Compliance Hotline at www1.udel.edu/compliance. You can also report any violation of UD policy on harassment, discrimination, or abuse of any person at this site: sites.udel.edu/sexualmisconduct/how-to-report/

Disclosure of Instances of Sexual Misconduct:
If, at any time during this course, I happen to be made aware that a student may have been the victim of sexual misconduct (including sexual harassment, sexual violence, domestic/dating violence, or stalking), I am obligated to inform the university’s Title IX Coordinator. The university needs to know information about such incidents in order to offer resources to victims and to ensure a safe campus environment for everyone. The Title IX Coordinator will decide if the incident should be examined further. If such a situation is disclosed to me in class, in a paper assignment, or in office hours, I promise to protect your privacy--I will not disclose the incident to anyone but the Title IX Coordinator. For more information on Sexual Misconduct policies, where to get help, and how to reporting information, please refer to www.udel.edu/sexualmisconduct. At UD, we provide 24-hour crisis assistance and victim advocacy and counseling. Contact 302-831-1001, UD Helpline 24/7/365, to get in touch with a sexual offense support advocate.

For information on various places you can turn for help, more information on Sexual Misconduct policies, where to get help, and reporting information please refer to www.udel.edu/sexualmisconduct

Accommodations for Students with Disabilities:
Any student who thinks he/she/they may need an accommodation based on a disability should contact the Office of Disability Support Services (DSS) as soon as possible. Students who have documentation of their need for accommodation should register via the SAM platform: andes.accessiblelearning.com/UDEL/. Reach DSS in the following ways: Visit at 240 Academy Street, Alison Hall Suite 130, Phone: 302-831-4643, fax: 302-831-3261, DSS website. Email: dssoffice@udel.edu

Non-Discrimination:
The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information,
marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and university policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.

For inquiries or complaints related to non-discrimination policies, please contact:

Interim Director, Institutional Equity & Title IX Coordinator - Fatimah Stone
titleixcoordinator@udel.edu, 305 Hullihen Hall Newark, DE 19716 (302) 831-8063

For complaints related to Section 504 of the Rehabilitation Act of 1973 and/or the Americans with Disabilities Act, please contact: Elizabeth Reed, Interim Director Office of Disability Support Services and University ADA Compliance Coordinator - ecreed@udel.edu, Alison Hall, Suite 130, Newark, DE 19716 (302) 831-4643 OR contact the U.S. Department of Education - Office for Civil Rights.

*These dates and topics are tentative and may change at the discretion of the instructor. Updates to the syllabus will be announced in class and posted on Canvas.

<table>
<thead>
<tr>
<th>Date</th>
<th>Lecture Topic</th>
<th>Chapter Reading Assignment for Class</th>
<th>Assignment Schedule</th>
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</thead>
<tbody>
<tr>
<td>8/28</td>
<td>Course overview, thinking about abnormality, and overview of theories of abnormality</td>
<td>Ch. 1 – Looking at Abnormality Ch. 2 – Theories and Treatment of Abnormality</td>
<td>Extra Credit Ch. 1 – Due 9/11 Ch. 2 – Due 9/11</td>
</tr>
<tr>
<td>9/4</td>
<td>Assessment and diagnosis</td>
<td>Ch. 3 – Assessing and Diagnosing Abnormality</td>
<td>Extra Credit Ch. 3 – Due 9/18</td>
</tr>
<tr>
<td>9/11</td>
<td>Understanding research in abnormal psychology</td>
<td>Ch. 4 – The Research Endeavor</td>
<td>Extra Credit Ch. 4 – Due 9/25</td>
</tr>
<tr>
<td>9/18</td>
<td><strong>Mid-Term Exam 1 (Chapters 1-4), Lecture on Mood Disorders and Suicide</strong></td>
<td>Ch. 7 – Mood Disorders and Suicide</td>
<td>Extra Credit Ch. 7 – Due 10/2</td>
</tr>
<tr>
<td>9/25</td>
<td>Mood Disorders and Suicide (continued) -Trauma, Anxiety, Obsessive-Compulsive, and Related Disorders</td>
<td>Ch. 5 – Trauma, Anxiety, Obsessive-Compulsive, and Related Disorders</td>
<td>Extra Credit Ch. 5 – Due 10/9</td>
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<tr>
<td>Date</td>
<td>Topic</td>
<td>Section</td>
<td>Extra Credit</td>
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<tr>
<td>10/2</td>
<td>Compulsive and Related Disorders</td>
<td>Ch. 5</td>
<td></td>
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<tr>
<td>10/9</td>
<td>Trauma, Anxiety, Obsessive-Compulsive and Related Disorders</td>
<td>Ch. 6 – Somatic Symptom and Dissociative Disorders</td>
<td>Extra credit Ch. 6 – Due 10/30</td>
</tr>
<tr>
<td>10/16</td>
<td>Somatic Symptom and Dissociative Disorders</td>
<td>Ch. 8 – Schizophrenia Spectrum and Other Psychotic Disorders</td>
<td>Extra Credit Ch. 8 – Due 11/6</td>
</tr>
<tr>
<td>10/23</td>
<td>Schizophrenia Spectrum and Other Psychotic Disorders</td>
<td>Ch. 9 – Personality Disorders</td>
<td>Extra Credit Ch. 9 – Due 11/13</td>
</tr>
<tr>
<td>10/30</td>
<td>Mid-Term Exam 2 (Chapters 7, 5, 6, &amp; 8), Lecture on Personality Disorders</td>
<td>Ch. 11 – Disruptive, Impulse-Control, and Conduct Disorders</td>
<td>Extra Credit Ch. 11 – Due 11/20</td>
</tr>
<tr>
<td>10/30</td>
<td>Personality Disorders (continued) And- Disruptive, Impulse-Control, and Conduct Disorders</td>
<td>Ch. 12 – Eating Disorders</td>
<td>Extra Credit Ch. 12 – Due 12/4</td>
</tr>
<tr>
<td>11/6</td>
<td>Disruptive, Impulse-Control, and Conduct Disorders</td>
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<tr>
<td>11/13</td>
<td>Eating Disorders</td>
<td>Ch. 14 – Substance Use and Gambling Disorders</td>
<td>Extra Credit Ch. 14 – Due 12/4</td>
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<tr>
<td>11/20</td>
<td>Substance Use and Gambling Disorders</td>
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<tr>
<td>11/27</td>
<td>Happy Thanksgiving!</td>
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<tr>
<td>12/4</td>
<td>Lecture on any remaining material from above chapters.</td>
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<tr>
<td>To Be Announced</td>
<td>Final Exam (Chapters 9, 11, 12, &amp; 14)</td>
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*Note: Final exam dates are scheduled between 12/9 and 12/14. The registrar typically posts exam dates a few weeks into the semester. An announcement will be made on our Canvas site when the final exam date is set by the registrar.