

# NSCI 100-010 – Psychology and Brain Science

**Instructor:** Dr. Stuart McCaughey

**Office:** Rm. 431 Wolf Hall

**Phone:** 302-831-0361

**E-mail:** [smccaughey@psych.udel.edu](mailto:smccaughey@psych.udel.edu)

**Office hours:** Mon & Wed 2:00-2:30 pm; Tue 4:00-5:00 pm, or by appointment

**Dates:** Aug. – Dec. 2019

**Meeting times:** M/W/F 10:10 – 11:00 am

**Classroom:** 112 McDowell Hall

**Textbook:** “Biological Psychology”, 13<sup>th</sup> edition, by James Kalat

**Teaching Assistant (TA):** Taylor Campbell ([tcamp@udel.edu](mailto:tcamp@udel.edu)), office hours and location TBD

**Grading:** 80% from exams (5 total, but lowest one will be dropped, each of the others worth 20%)  
10% from in-class iClicker quizzes (3 lowest quiz scores will be dropped)  
10% from Involvement (frequency of contacting instructor/TA, taking practice quizzes, etc. – see below)

## Course objectives:

The human race has been capable of amazing feats and has flourished, thanks to an enormous expansion of cerebral cortex and other brain areas. The first part of the course will lay a foundation by covering the basic organization of the nervous system and the properties of its cells. Later lectures will explore specific sensory and motor abilities, as well as more complex cognitive processes and types of behaviors. Throughout the course, we will appreciate the special abilities that derive from our human brains and that are shared between different people, but we will also consider how neural functions vary between individuals based on factors such as genetics, experience, and injury.

By the end of the course, students should be able to: 1) identify the major structures of the nervous system and state their function; 2) describe the most important aspects of how neurons communicate with each other; 3) name important cells and regions involved in specific sensory, motor, behavioral, and cognitive functions; and 4) consider how changes in specific molecules or brain areas result in impairments and variations between individuals.

## Lectures:

Initial lectures will provide an introduction to the nervous system’s basic organization and the characteristics of its cells. Subsequent lectures will focus on specific sensory, motor, and cognitive functions. Although the lecture material will overlap substantially with the assigned readings, much of the text and figures will be drawn from other sources. Because of this, the lecture slides will be available on Canvas and can be reviewed outside of class. Nonetheless, students should attempt to understand the slides fully during the lecture itself and ask questions when necessary. For each lecture, a list of Objectives will also be posted on Canvas in order to highlight the general topics of greatest importance.

Typically the lecture slides will be accessible to you on Canvas the day beforehand. Please note, though, that all material from lectures and elsewhere in the course (e.g., posted online) is meant solely for the current students of NSCI 100-010 and is NOT to be distributed to those outside of the course.

**Textbook:** “Biological Psychology”, 13<sup>th</sup> edition, by James Kalat

Most lectures have an associated assigned reading in your text, which ideally should be skimmed ahead of class, and then reviewed in more detail afterwards. Your textbook also includes useful electronic resources that you may wish to explore, but those extra resources will not be officially assigned or required. Note that the lecture order will roughly follow the order of the textbook, but with some exceptions. Lectures and readings will provide alternate approaches to the material, with partial overlap but also details that are unique to each one (please contact the instructor or TA if parts of the text are not clear). Any material found in your assigned readings might be used as a source of exam questions, though in general the most important material will appear in lectures.

### **Canvas and iClickers:**

Information on how to use Canvas is available through the [Canvas Student Guide](https://community.canvaslms.com/docs/DOC-10701) (<https://community.canvaslms.com/docs/DOC-10701> - contact the instructor or TA if you are having difficulties). Several different kinds of resources will be posted online on the Canvas system, including: 1) lecture slides; 2) objectives for each lecture, summarizing the most important topics that will be covered; 3) practice quizzes; and 4) neuroscience-related files (e.g., movies) and links to web pages. You can take the online quizzes as often as you like, and they will not contribute any specific percentage to your grade. Your scores on them are not important, but note that the instructor will keep track of how often you took the quizzes and factor that into your Involvement score for the course (see below). Canvas will also be used for announcements and class-wide communications. Make sure that you are familiar with how to access the course page on Canvas and check it often.

Also make sure that you have purchased your iClickers (general information on them is available at [ats.udel.edu/clickers](https://ats.udel.edu/clickers)) and registered them with Canvas (see the following link for more information: <https://docs.google.com/document/d/1rWme7TULD4a9hMaqm1aBSI24CN2CHVBOP9Rj51BLWYo/e/dit>). Also make sure that your iClicker is functional (e.g., charged batteries) for each class. All classes will have an iClicker quiz (sometimes graded, sometimes not), which will be used to take attendance.

### **Grading:**

The 5 exams will, collectively, count for 80% of the final grade (20% each for the 4 highest scores, the lowest exam score will be dropped), and all will be cumulative, covering all prior course material. In-class iClicker quizzes will be given, and the average across all of these quizzes (excepting the 3 lowest scores, which will be dropped) will make up 10% of the final grade. Graded iClicker quizzes will occur during some, but not all, lectures (unless told otherwise, assume you are having one for any given lecture). The final 10% of the grade will be based on a student’s involvement throughout the course, as determined by: 1) class attendance, 2) seeking help outside of class from the instructor/TA, 3) taking practice quizzes on Canvas, and 4) frequency of asking questions and speaking during lecture. In general, a perfect Involvement score will be given only for students who show active course involvement through all four of these categories. Students who merely attend and complete Canvas quizzes can still earn high Involvement scores if they perform well on exams, but if students

perform poorly on exams, then they are expected to seek help with material outside of class and will receive a low Involvement score if they fail to do so.

Make-up exams will be available only for students who have a valid excuse backed up by evidence (e.g., illness and a doctor's note) and who have contacted the instructor as soon as possible about the issue, or for students with valid excuses who have made arrangements ahead of time with the instructor. Students who perform unsatisfactorily on early exams should meet with the instructor in order to understand their strengths and weaknesses, and to formulate a strategy for improving their scores on later exams. It is important address any difficulties as soon as a problem arises, given the cumulative nature of the material.

The final course grade will be given based on the overall performance and by adding up the percentages described above. In general, the cut-offs for different grades will fall on round numbers (see below for the likely cut-offs). If a student just barely misses a grading cut-off, in rare cases the score may be rounded up by less than 0.5 points and the higher grade given. However, this will occur only in situations where the student has a perfect Involvement score.

Grade cut-offs: A = 93.0; A- = 90.0; B+ = 87.0, B = 83.0, B- = 80.0, C+ = 77.0, C = 73.0, C- = 70.0; D+ = 67.0, D = 63.0, D- = 60.0, F = below 60.0.

### **Inclusion of Diverse Learning Needs:**

Any student who thinks he/she may need an accommodation based on a disability should contact the Office of Disability Support Services (DSS) office as soon as possible. The DSS office is located at 240 Academy Street, Alison Hall Suite 130, Phone: 302-831-4643, fax: 302-831-3261. You may also contact DSS at [dssoffice@udel.edu](mailto:dssoffice@udel.edu).

### **Academic honesty:**

This course follows the University of Delaware Policy on academic dishonesty. Please read the policy published by the Office of Student Conduct (<https://sites.udel.edu/studentconduct/sgup/>) for more details. All work submitted as part of graded assignments (i.e., exams and graded in-class iClicker quizzes) is to represent the student's own knowledge without accessing outside texts or resources. Also bear in mind that the Code of Conduct pertaining to academic honesty specifically addresses iClicker use, and that all students are expected to use only their own iClickers for in-class quizzes.

### **Harassment and Discrimination:**

The University of Delaware works to promote an academic and work environment that is free from all forms of discrimination, including harassment. As a member of the community, your rights, resource and responsibilities are reflected in the non-discrimination and sexual misconduct policies. Please familiarize yourself with these policies at [www.udel.edu/oei](http://www.udel.edu/oei) . You can report any concerns to the University's Office of Equity & Inclusion, at 305 Hullahen Hall, (302) 831-8063 or you can report anonymously through UD Police (302) 831-2222 or the EthicsPoint Compliance Hotline at [www1.udel.edu/compliance](http://www1.udel.edu/compliance). You can also report any violation of UD policy on harassment, discrimination, or abuse of any person at this site: [sites.udel.edu/sexualmisconduct/how-to-report/](http://sites.udel.edu/sexualmisconduct/how-to-report/)

### **Faculty Statement on Disclosures of Instances of Sexual Misconduct:**

If, at any time during this course, the instructor is made aware that a student may have been the victim of sexual misconduct (including sexual harassment, sexual violence, domestic/dating violence, or stalking), then he is obligated to inform the university's Title IX Coordinator. The university needs to know information about such incidents in order to offer resources to victims and to ensure a safe campus environment for everyone. The Title IX Coordinator will decide if the incident should be examined further. If such a situation is disclosed to the instructor in class, in a paper assignment, or in office hours, your privacy will be protected—the instructor will not disclose the incident to anyone but the Title IX Coordinator. For more information on Sexual Misconduct policies, where to get help, and how to reporting information, please refer to [www.udel.edu/sexualmisconduct](http://www.udel.edu/sexualmisconduct). At UD, we provide 24-hour crisis assistance and victim advocacy and counseling. Contact 302-831-1001, UD Helpline 24/7/365, to get in touch with a sexual offense support advocate.

For information on various places you can turn for help, more information on Sexual Misconduct policies, where to get help, and reporting information please refer to [www.udel.edu/sexualmisconduct](http://www.udel.edu/sexualmisconduct)

**Non-Discrimination:**

The University of Delaware does not discriminate against any person on the basis of race, color, national origin, sex, gender identity or expression, sexual orientation, genetic information, marital status, disability, religion, age, veteran status or any other characteristic protected by applicable law in its employment, educational programs and activities, admissions policies, and scholarship and loan programs as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, and other applicable statutes and University policies. The University of Delaware also prohibits unlawful harassment including sexual harassment and sexual violence.

For inquiries or complaints related to non-discrimination policies, please contact:

Director, Institutional Equity & Title IX Coordinator- Susan L. Groff, Ed.D. [groff@udel.edu](mailto:groff@udel.edu), 305 Hullihen Hall Newark, DE 19716 (302) 831-8063

For complaints related to Section 504 of the Rehabilitation Act of 1973 and/or the Americans with Disabilities Act, please contact: Director, Office of Disability Support Services, Anne L. Jannarone, M.Ed., Ed.S. - [ajannaro@udel.edu](mailto:ajannaro@udel.edu), Alison Hall, Suite 130, Newark, DE 19716 (302) 831-4643 OR contact the U.S. Department of Education - Office for Civil Rights ([wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm](http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm))

Absences on religious holidays not listed in University calendars, as well as absences due to athletic participation or other extracurricular activities in which students are official representatives of the University, shall be recognized as excused absences when the student informs the instructor in writing during the first two weeks of the semester of these planned absences for the semester.

**Schedule:** (subject to change as the semester progresses)

Date	Topic	Assigned reading in Kalat
Aug. 28	Course policies and general introduction	(review the course syllabus)
Aug. 30	Introduction to the nervous system	Ch. 3

Sep. 2	Labor Day – NO CLASS	
Sep. 4	Organization of the nervous system	Ch. 3
Sep. 6	Types of cells and action potentials	Ch. 1
Sep. 9	Action potentials and synaptic transmission	Ch. 2.1
Sep. 11	Synaptic transmission	Ch 2.2
Sep. 13	Genetics and evolution of behavior	Ch. 4.1
Sep. 16	Brain development & plasticity	Ch. 4.2 and 4.3
Sep. 18	Review	(no reading)
Sep. 20	<b>Exam 1</b>	
Sep. 23	Introduction to sensory systems, vision pt. 1	Ch. 5
Sep. 25	Vision pt. 2	Ch. 5
Sep. 27	Somatosensation	Ch. 6.2
Sep. 30	Taste and olfaction	Ch. 6.3
Oct. 2	Hearing & vestibular system	Ch. 6.1
Oct. 4	Review	(no reading)
Oct. 7	<b>Exam 2</b>	
Oct. 9	Control of movement pt. 1	Ch. 7
Oct. 11	Fall Break – NO CLASS	
Oct. 14	Control of movement pt. 2	Ch. 7
Oct. 16	Sleep & circadian rhythms	Ch. 8
Oct. 18	Homeostasis	Ch. 9
Oct. 21	Reproductive behavior	Ch. 10
Oct. 23	Review	(no reading)
Oct. 25	<b>Exam 3</b>	
Oct. 28	Introduction to the limbic system	(no reading)
Oct. 30	Emotion	Ch. 11
Nov. 1	Drugs & addiction	Ch. 14.1
Nov. 4	Learning and memory pt. 1	Ch. 12

Nov. 6	Learning and memory pt. 2	Ch. 12
Nov. 8	Review	(no reading)
Nov. 11	<b>Exam 4</b>	
Nov. 13	Review	(no reading)
Nov. 15	Language and cognition pt. 1	Ch. 13
Nov. 18	Language and cognition pt. 2	Ch. 13
Nov. 20	Schizophrenia	Ch. 14.2
Nov. 22	Affective disorders	Ch. 14.3
Nov. 25	No class - Thanksgiving	
Nov. 27	No class - Thanksgiving	
Nov. 29	No class - Thanksgiving	
Dec. 2	Autism	Ch. 14.4
Dec. 4	Review	(no reading)
Date to-be-determined	<b>Exam 5</b>	