

Curriculum Vitae
Beth Morling
June, 2023

Department of Psychological & Brain Sciences
Newark, DE 19716
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University of Delaware
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email: morling@udel.edu

Research and Professional Experience

University of Delaware

Professor	2014-present
Associate Professor	2007- 2014
Assistant Professor	2003- 2007

Kyoto University, Kokoro Research Center

Affiliated Researcher	2011-present
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Fulbright Scholar/Kyoto University, Kokoro Research Center

Visiting Researcher and Lecturer	
Fulbright Lecturing-Research Award	2010-2011

Muhlenberg College

Assistant professor of psychology	1999-2003
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Union College

Visiting assistant professor of psychology	1997-1999
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Kyoto University

Postdoctoral research fellow	
Japan Society for the Promotion of Science and National Science Foundation (U.S.)	1996-1997

University of Massachusetts at Amherst

Instructor, Continuing Education Division	1994, 1995
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Human Resources Research Organization, Alexandria, VA

Research Assistant in Industrial and Organizational Psychology	1991
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Education

University of Massachusetts at Amherst

Ph.D. in Personality and Social Psychology	1996
M.S. in Personality and Social Psychology	1994

Carleton College

B.A. in Psychology. <i>Magna cum laude</i> , Phi Beta Kappa.	1990
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Awards

2023: Charles L. Brewer Distinguished Teaching of Psychology Award (American Psychological Foundation)

2014: Professor of the Year (state of Delaware), Council for Advancement and Support of Education/The Carnegie Foundation for the Advancement of Teaching

Books

Morling, B. (2021). *Research methods in psychology: Evaluating a world of information (4th Ed)*. New York: W.W. Norton

Morling, B. (2018, 2015, 2012). *Research methods in psychology: Evaluating a world of information (3rd, 2nd, 1st Ed)*. New York: W.W. Norton.

Online Authorship

- Morling, B. (2011-present). *Everyday research methods blog*. (www.everydayresearchmethods.com). This is a teaching blog that collects examples of psychological science in the news and provides critical thinking questions for students and instructors. Postings 2 times per month—over 275 posts so far.
- Teaching Current Directions in Psychological Science*. (2018-present). Along with Nathan DeWall, David Myers, June Gruber, Michael Scullin, and Cindi May, I prepare a teaching activity for a Current Directions piece two to three times per year. Example entries are [She sounds nice!](#), and [Ethical research to help Romania's abandoned children](#).
- Morling, B. (2021). Interactive instructors guide, including annotated power point slides to accompany *Research Methods in Psychology: Evaluating a world of information (4th Ed.)*. New York: W.W. Norton.
- Thomas, M. & Morling, B., Eds. (2013-2015). I'm a member of STP, and this is how I teach (Blog co-editor). <http://teachpsych.org/page-1703896>.

Replications

- Morling, B., Jacobs*, T., Chasten*, A., Katz*, S., Brooks*, E., Maurer*, T., Tobin*, K., Tinkelman*, A., Schultis*, E., Nicaise*, L., Philbin*, E., Chung*, J., & Caballero*, E. (2014). Car status and stopping for pedestrians (Replication of Piff et al., 2012, Study 2). *PsychFileDrawer.org*. <http://bit.ly/2i9tHAY> All co-authors are undergraduate students.
- Frantz, Z. & Morling, B. (2018). Conceptual replication of Mueller and Oppenheimer (2014). <https://psyarxiv.com/gkjzs/>. This work was conducted by Zoe Frantz, a high school student, as a science fair project.

Refereed Articles

- Okabayashi, H., Takemura, A., & Morling, B. (2022). An online survey testing factorial invariance of the Optimization in Primary and Secondary Control scales among older couples in Japan and the US. *Behavioral Sciences*, 12 (11) 429. <https://doi.org/10.3390/bs12110429>
- Handley, G., Lebed, A., & Morling, B. (2021). Self-grading improves learning and metacognition in a research methods course. *Scholarship of Teaching and Learning in Psychology*. <https://doi.org/10.1037/stl0000287>
- Lee, J.M. & Morling, B. (under review). *It's okay because we're so close: Feedback exchange in friendships in East Asia and the U.S.*
- Morling, B., & Calin-Jageman (2020). What psychology teachers should know about open science and the new statistics (Generalist's Corner). *Teaching of Psychology*, 473(2), 169-179. doi: [10.1177/0098628320901372](https://doi.org/10.1177/0098628320901372)
- Morling, B. & Lee, J.M. (2020). Are "Associate Professors" better than "Associate Teaching Professors"? Student and faculty perceptions of professorial titles. *Teaching of Psychology*, 47(1), 50-57. <https://doi-org.udel.idm.oclc.org/10.1177/0098628319888087>
- Morling, B. & Lee, J.M. (2020). Students at a research university think of faculty as teachers and that teaching is prestigious. *Teaching of Psychology*, 47(1), 169-179 . <https://doi.org/10.1177/0098628319888089>
- Zhong*, X., Lee, J.M., & Morling, B. (2019). "I know you can do this" versus "How can you be so stupid?" Feedback among Chinese and American young adult friends. *Asian Journal of Social Psychology*, 22, 345-357. doi: 10.1111/ajsp.12389

- Ikeda, K., Fujimoto, S., Morling, B., Ayano-Takahara, S., Harashima, S., Uchida, Y., & Inagaki, N. (2018). Cross-cultural comparison of predictors for self-care behaviors in patients with Type 2 diabetes. *Journal of Diabetes Investigation*. doi:10.1111/jdi.12822
- Morling, B., Uchida, Y., & Frentrup*, S. (2015). Social support in two cultures: Everyday transactions in the U.S. and empathic assurance in Japan. *PLOS ONE*, *10*, e0127737. DOI: 10.1371/journal.pone.0127737
- Ikeda, K., Fujimoto, S., Morling, B., Ayano-Takahara, S., Carroll, A., Harashima, S., Uchida, Y., & Inagaki, N. (2014). Social orientation and diabetes-related stress in Japanese and American patients with Type 2 diabetes. *PLOS ONE*, *9*, e109323. doi:10.1371/journal.pone.0109323
- Chen, J.M., Kim, H.S, Mojaverian, T., & Morling, B. (2012). Culture and social support provision: Who gives what and why. *Personality and Social Psychology Bulletin*, *38*, 3-13.
- Lamoreaux, M., & Morling, B. (2012). Outside the head, and outside individualism-collectivism: Further meta-analyses of cultural products. *Journal of Cross-Cultural Psychology*, *43*, 299-327.
- Rothbaum, F., Morling, B., & Rusk, N. (2009). How goals and beliefs lead people into and out of depression. *Review of General Psychology*, *13*, 302-314.
- Morling, B. & Lamoreaux, M. (2008). Measuring culture outside the head: A meta-analysis of cultural products. *Personality and Social Psychology Review*, *12*, 199-221.
- Uchida, Y., Kitayama, K., Mesquita, B., Reyes, J., & Morling, B. (2008). Is perceived emotional support beneficial? Well-being and health in independent and interdependent cultures. *Personality and Social Psychology Bulletin*, *34*, 741-754.
- Morling, B., McAuliffe, M., Cohen, L., DiLorenzo, T.M. (2008). Efficacy of “clickers” in large, introductory psychology classes. *Teaching of Psychology*, *35*, 45-50.
- Yeagley, E., Morling, B., & Nelson, M*. (2007). Nonverbal zero-acquaintance accuracy of self-esteem, social dominance orientation, and satisfaction with life. *Journal of Research in Personality*, *41*, 1099-1106.
- Morling, B., & Evered, S. (2007). The construct formerly known as secondary control: Reply to Skinner (2007). *Psychological Bulletin*, *133*, 917-919.
- Morling, B. & Evered, S. (2006). Secondary control reviewed and defined. *Psychological Bulletin*, *132*, 269-296.
- Van Zelst*, L., Clabaugh*, A.A., & Morling, B. (2004). Dancers body esteem, fitness esteem, and self-esteem in three contexts. *Journal of Dance Education*, *4*, 48-57.
- Clabaugh, A.,* & Morling, B. (2004). Stereotype accuracy of ballet and modern dancers. *Journal of Social Psychology*. *144*, 31-48
- Morling, B., Kitayama, S., & Miyamoto, Y. (2003). American and Japanese women use different coping strategies during normal pregnancy. *Personality and Social Psychology Bulletin*, *29*, 1533-1546.
- Bharucha, D.,* Morling, B., & Neisenbaum, R. (2003). Use and definition of herbal medicines differ by ethnicity. *Annals of Pharmacotherapy*, *37*, 1409-1413.
- Morling, B., Kitayama, S., & Miyamoto, Y. (2002). Cultural practices emphasize influence in the U.S. and adjustment in Japan. *Personality and Social Psychology Bulletin*, *28*, 311-323.
- Morling, B. (2000). “Taking” an aerobics class in the U.S. versus “entering” an aerobics class in Japan: Primary and secondary control in a fitness context. *Asian Journal of Social Psychology*, *3*, 73-85.
- Morling, B. & Fiske, S.T. (1999). Defining and measuring harmony control. *Journal of Research in Personality*, *33*, 379-414.
- Morling, B., & Epstein, S. (1997). Compromises produced by the dialectic between self-verification and self-enhancement. *Journal of Personality and Social Psychology*, *73*, 1268-1283.
- Fiske, S.T., Morling, B., & Stevens, L.E. (1996). Controlling self and others: A theory of anxiety, mental control, and social control. *Personality and Social Psychology Bulletin*, *22*, 115-123

* undergraduate co-author

Invited Chapters and Articles

- Morling, B. (2021, February 10). Shared attention, please! Noba Blog.
<https://nobaproject.com/blog/2021-02-10-shared-attention-please>
- Morling, B. & Lee, J. M. (2017). Culture and motivation. In T. Church (Ed.) *Personality across cultures*. New York: Praeger.
- Morling, B. (2017, November) For the love of content. STP Graduate Student Teaching Association Blog.
<https://teachpsych.org/page-1784686/5592541>
- Morling, B. (2016). Cultural difference: Inside and out. *Social Psychology Compass*, 10, 693-706. DOI: 10.1111/spc3.12294
- Morling, B. (2016). The cultural context of control. In F. Infurna and J.W. Reich (Eds.) *Perceived control: Theory, research, and practice in the first fifty years*. (pp. 71-108). Oxford University Press.
- Morling, B. (2016). *I'm a member of STP, and this is how I teach*. (Invited blog post). Society for the Teaching of Psychology blog.
- Morling, B. (2015). Teaching cultural psychology. In D. S. Dunn (Ed.) *Oxford Handbook of the Teaching of Psychology*. Oxford University Press.
- Morling, B. (2014). Teaching teaching by going meta. In W. Buskist, B. Beins, J. Busler, & J. Sikorski, (Eds.) *Preparing the New Professoriate: Helping Graduate Students Become Competent Teachers (Vol. 2)*. Society for the Teaching of Psychology.
- Morling, B. (2014, April). Guide your students to become better research consumers. *APS Observer*, 27 (4), 29-30. <http://bit.ly/2ieBzPM>
- Morling, B. & Masuda, T. (2012). Social cognition in real worlds: Cultural psychology and social cognition. In S.T. Fiske and M. N. Macrae (Eds.), *Handbook of Social Cognition*.(pp. 429-450). Los Angeles, CA: Sage.
- Morling, B. & Kitayama, S. (2007). Culture and motivation. In J. Shah and W. Gardner (Eds.), *Handbook of Motivation Science*, pp. 417-432. New York: Guilford.
- Morling, B. & Operario, D. (1996). On the scientific unconscious and its role in stereotyping. *APA Graduate Student Bulletin*.
- Fiske, S.T., & Morling, B. (1996). Stereotyping as a function of control motives and capacity constraints: The odd couple of power and anxiety. In R. M. Sorrentino and E. T. Higgins (Eds.) *Handbook of Motivation and Cognition* (Vol. 3; pp. 322-346). New York: Guilford.
- Epstein, S., & Morling, B. (1995). Is the self motivated to do more than enhance and/or verify itself? In M. H. Kernis (Ed.) *Efficacy, Agency, and Self-esteem* (pp. 9-30). New York: Plenum.
- Morling, B., & Fiske, S.T. (1994). Control. In V.S. Ramachandran (Ed.), *Encyclopedia of Human Behavior*. San Diego: Academic Press.
- Fiske, S.T., & Morling, B. (1994). Brief articles on Accessibility, Associative Network, Attention, Automaticity, Categorization, Encoding, Memory, Person Memory, Priming, Prototypes, Salience, Schemas, Scripts, Self-schemas, Unconscious Processing, and Vividness. In M. Hewstone and A.S.R. Manstead (Eds.) *Dictionary of Social Psychology*. Oxford, U.K.: Blackwell.

Conference and Workshop Presentations

- Morling, B. (2023, February). *Shared Attention in the Classroom: Some Unexpected Ways that Learning is Social*. SPSP Teaching Preconference (Keynote)
- Morling, B. (2023, January). *Shared attention, please! How attending together fosters meaning and learning*. National Institute on the Teaching of Psychology concurrent session.
- Morling, B. (2023, January). *Fostering student engagement: Why and how*. Workshop for Haverford College Psychology Department

- Morling, B. (2022, December). *Designing for significant learning in the research methods course*. PsychTERMS (Teaching to Enhance Research Methods and Statistics) keynote.
- Morling, B. (2021, August). *Culturally-shaped motivation. Control and agency across cultures and contexts*. Invited lecture, Japanese Psychological Association annual meeting.
- Morling, B. (2021, August) *Teaching social and personality psychology during the replication crisis*. Invited lecture, Japanese Society for Social Psychology.
- Moring, B. (2021, August). *Tips for student engagement*. UD Academic town hall.
- Morling, B. (2020, February). *Building a house on sand: Teaching social and personality psychology during the replication crisis*. Invited symposium, Society for Personality and Social Psychology, New Orleans, LA, USA.
- Morling, B. & Beers, M. (2019, June). *Designing an effective course: An approach based on the science of learning in higher education*. Invited keynote presentation, University of Warsaw, Poland.
- Morling, B. & Beers, M. (2019, June). *Active learning techniques*. Invited workshop, Warsaw International School of Psychology, University of Warsaw, Poland.
- Beers, M., & Morling, B. (2019, June). *Teaching in an instructional team*. Invited workshop, Warsaw International School of Psychology, University of Warsaw, Poland.
- Beers, M., & Morling, B. (2019, June). *On the road to better learning experiences: A course design workshop*. Invited workshop, Warsaw International School of Psychology, University of Warsaw, Poland.
- Morling, B. (2019, March). *Mental tattoos for research methods: The ones we cherish and the ones we regret*. Symposium presentation at the International Congress on Psychological Science, Paris, France.
- Takemura, A., Okabayashi, H., & Morling, B. (2019, March). *How do coping strategies predict feelings about oneself? Study of older couples in Japan and the U.S. (1 of 3)*. Poster presentation at the International Congress on Psychological Science, Paris, France.
- Morling, B., Okabayashi, H., & Takemura, A. (2019, March). *Secondary control can be primary in relationship contexts: Study of older couples in Japan and the U.S. (2 of 3)*. Poster presentation at the International Congress on Psychological Science, Paris, France.
- Okabayashi, H., Takemura, A., & Morling, B. (2019, March). *How do couples settle marital arguments? Study of older couples in Japan and the U.S. (3 of 3)*. Poster presentation at the International Congress on Psychological Science, Paris, France.
- Morling, B. (2019, January). *Make Learning Visible: A powerful educational supplement for student development*. Keynote presentation for the Winter Institute on Learning, University of Delaware.
- Morling, B. (2019, 2018, and 2017 July). *The M&M's of research*. Invited workshop at The Center for Transformative Teaching and Learning, St. Andrew's Episcopal School, Potomac, MD. This is an evidence-based conference for K-12 teachers. I introduce them to research methods every year.
- Morling, B. (2018, February). *Badge of honor? What faculty and students think of "teaching" professors*. Invited keynote at SPSP Teaching Preconference.
- Morling, B. (2017, November). *What's the mental tattoo for your course?* Invited workshop at Indiana University-Kokomo, Center for Teaching and Learning.
- Morling, B. (2017, May). *What's the mental tattoo for your course?* Invited workshop at Lincoln University, PA.
- Morling, B. (2016, July). *Discussant* for symposium on secondary control. International Association of Cross-cultural Psychology, Nagoya, Japan.
- Morling, B., & Cheung, B. (2016, July). *Teaching cultural psychology*. All-day workshop presented at the International Association of Cross-cultural Psychology, Nagoya, Japan.
- Morling, B. (2016, April). *Cultural difference: Inside and out*. Keynote talk delivered to the Oklahoma

- Psychological Society.
- Morling, B. (2016, January). *Mental tattoos: Course design for skill development*. Invited talk presented at a National Institute for the Teaching of Psychology, St. Pete Beach, FL.
- Lee, J. M., & Morling, B. (2015, February). *"You look bloated today!": Cultural differences in the reception of negative and positive feedback in friendship interactions*. Data Blitz presentation at the 11th SPSP Advances in Cultural Psychology Preconference, Long Beach, CA.
- Morling, B. (2015, May). *What's the mental tattoo for your course?* Featured presentation at the University of Delaware Summer Faculty Institute.
- Morling, B. (2015, October) *What's the mental tattoo for your course?* Keynote presentation at the Annual Conference on Teaching, sponsored by STP, Decatur, GA
- Morling, B. (2015, October). *My other textbook is the Yahoo! News feed*. Keynote presentation at the Mid-Atlantic Teaching of Psychology conference, Prince Georges County, MD.
- Norassakkunkit, V., Morling, B., Prokop, T., & Koyama, S. (2014, February). *Why should I go green? The role of interdependent reasons for going green in US and Japan*. Poster presented at the Cultural Psychology Preconference of Society for Personality and Social Psychology, Austin, TX.
- Morling, B. (2014, January). *How to get culture out of your head*. Invited talk at National Institute of Teaching of Psychology, St. Petersburg Beach, Florida.
- Ogihara, Y., Uchida, Y., Morling, B. (2013, January). *Friendship in Japan and the US*. Poster presented at the Cultural Psychology Preconference of Society for Personality and Social Psychology, New Orleans, LA.
- Morling, B. (2013, May). *Teaching consumerism to future consumers*. Opening plenary, APS Teaching Institute, Washington, DC.
- Morling, B. (2013, January). *From journal to journalism: Developing learning activities that use psychological science in the news*. Invited Society for the Teaching of Psychology Annual Workshop. National Institute of Teaching of Psychology, St. Petersburg Beach, Florida.
- Morling, B. (2012, October). *"That sample's not large," "that sample's not random," and other tall tales*. Keynote address to the Northeastern Conference on the Teaching of Psychology (NECTOP), Worcester, MA.
- Morling, B. (2012, July). *Research methods students can become smarter consumers of research*. Invited address to psychology teaching faculty and graduate students at The Ohio State University.
- Morling, B., Uchida, Y., Frentrup, S.*, & Yano, Y. (2012, January). *Helped, but not helpless: How social support is constructed in Japan and the United States*. Poster presented at Society for Personality and Social Psychology, San Diego, CA.
- Morling, B. (2012, January). *Making critical thinking less critical: Teaching research methods students to identify and appreciate good research, too*. Invited talk at National Institute of Teaching of Psychology, St. Petersburg Beach, Florida.
- Morling, B. (2011, June). *Requesting social support in the United States and Japan*. Invited talk at Kyoto University (Kyoto, Japan).
- Ikeda, K., Fujimoto, S., Uchida, Y., Takahara, S., Carroll, A., Morling, B., & Inagaki, N. (2011). *Impact of cultural views of self and perceived emotional support on diabetes self-care outcomes*. Poster presented at the American Diabetes Association annual meeting.
- Morling, B. (2010, October). *Measuring cultural difference inside and outside the head*. Invited talk at Kobe University (Kobe, Japan).
- Morling, B. (2010, September). *Social support and responsibility in Japan and the US*. Invited talk at Kyoto University (Kyoto, Japan).
- Morling, B. (2010, April). *You must be smart! Using psychological research to change your students' mindsets*. Invited presentation at Lilly East conference, College Park, MD.

- Morling, B. (2010, January). *Measuring cultural difference by quantifying both products and people*. Invited symposium: Where am I?, organized by Jean Twenge, presented at the Society for Personality and Social Psychology, Las Vegas, Nevada.
- Morling, B. (2010, January). *Teaching research methods to consumers of information*. Invited talk presented at the Teaching Preconference of the Society for Personality and Social Psychology, Las Vegas, Nevada.
- Morling, B. (2010, January). *My other textbook is Men's Health: Teaching research methods to consumers of information*. Invited talk presented at the National Institute on the Teaching of Psychology, St. Petersburg Beach, Florida.
- Morling, B. (2009, January). *Do you have a problem? Using problem based learning in research methods*. Poster presented at the National Institute on the Teaching of Psychology, St. Petersburg Beach, Florida.
- Morling, B. (2008, November). *Measuring culture outside the head: Some meta-analyses of cultural products studies*. Invited talk presented to Social Psychologists of the University of Georgia, Athens, Georgia.
- Morling, B. (2008, February). *Measuring culture outside the head: A meta-analysis of cultural products*. Talk presented at the Cultural Psychology Preconference of SPSP, Albuquerque, NM.
- Mojaverian, T., & Morling, B. (2007). *United States college students offer more social support than their Japanese counterparts*. Poster presented at the cultural psychology preconference of the Society for Personality and Social Psychology.
- Morling, B., & Lamoreaux, M. (2007, January). *Measuring culture on the "outside:" A meta-analysis of studies of books, songs, websites, and other cultural products*. Poster presented at the annual meeting of the Society for Personality and Social Psychology.
- Morling, B. (2007, May). *What's your problem? Options for using Problem Based Learning in Psychology Classes*. Invited presentation at the APS Teaching Institute, Washington, DC.
- Morling, B. (2007, April). *You must be so smart: How mindsets shape student performance in the classroom*. Presentation at the Lilly East Conference on University Teaching, Newark, DE.
- Morling, B. (2007, January). *Using research methods to teach students to be better consumers of media information*. Poster presented at the National Institute for the Teaching of Psychology, St. Petersburg, FL.
- Morling, B., McAuliffe, M., Cohen, L., DiLorenzo, T.M.. (2006, April). *Efficacy of "clickers" in large introductory psychology classes*. Poster presented at the Lilly East Conference on University Teaching, Newark, DE.
- Morling, B., McAuliffe, M., Cohen, L., DiLorenzo, T.M.. (2006, January). *Efficacy of "clickers" in large introductory psychology classes*. Poster presented at the National Institute for the Teaching of Psychology, St. Petersburg, FL.
- Morling, B. (2004, February). *Culture and control*. Brown bag presented at Princeton University.
- Morling, B., Kitayama, S., & Miyamoto, Y. (2002, October). *American and Japanese women use different coping resources during normal pregnancy*. Informal paper presented at the annual meeting of the Society for Experimental Social Psychology, Columbus, Ohio.
- Bharucha, D., Morling, B., & Niesenbaum, R. A. (2002, August). *Plants as drugs: How do Latinos and non-Hispanic white communities use and define herbal medicines?* Poster presented at the Botanical Society of America, Madison, WI.
- Morling, B., & Ohashi, M. (2002, June). *Judging a book by its cover, its content, or both*. Poster presented at the 10th Ontario Symposium on Culture and Social Behavior, London, Ontario.
- Morling, B. (2001, July). *Categorization by Culture: Is a Snowy Day in September More Like a Snowy Day, or a September Day?* Poster presented at the Asian Association of Social Psychology, Melbourne Australia.

- Morling, B. (2001, July). *Coping during normal pregnancy in two cultures*. Invited talk at the Asian Association of Social Psychology, Melbourne Australia.
- Morling, B. (2000, November). *When being in control isn't always primary: The cases of culture and pregnancy*. Invited presentation at the Lehigh University psychology brown bag series.
- Morling, B. (1999, August). *Controlling and adjusting in Japan and the United States*. Paper presented in a symposium at the convention of the American Psychological Association, Boston, Massachusetts, USA.
- Morling, B. (1999, August). *Are there individualistic and collectivistic styles of control?* Paper presented at the Asian Association of Social Psychology, Taipei, Taiwan.
- Morling, B. (1999, February). *Control in Japan and the United States*. Paper presented at the brown bag series, University of Massachusetts at Amherst.
- Morling, B. (1998, September). *Control in Japan and the United States*. Paper presented at the East Coast Cultural Psychology Workshop, Charlottesville, Virginia.
- Morling, B. (1997, August). *Controlling and adjusting in Japan and the United States*. Paper presented at the annual convention of the Asian Association of Social Psychology, Kyoto, Japan.
- Morling, B. (1997, May). *Cultural perspectives on "hot" topics: Culture's influence on human motivation*. Organized and chaired symposium presented at the annual convention of the American Psychological Society, Washington, DC.
- Morling, B. (1996, October). *Cultural perspectives on control*. Paper presented at the annual convention of the Japanese Society for Group Dynamics, Hiroshima, Japan.
- Morling, B. & Fiske, S.T. (1996, August). *Results from a new scale of self-directed (secondary) control*. Poster presented at the annual convention of the American Psychological Association, Toronto, Ontario.
- Morling, B. & Epstein, S. (1995, June). *People compromise between self-verification and self-enhancement*. Poster presented at the annual convention of the American Psychological Society, New York, NY.
- Fiske, S.T., & Morling, B. (1994, October). Anxiety, mental control, and social control. In P. Linville (Chair), *Thought suppression: When it succeeds and when it goes awry*. Symposium conducted at the meeting of the Society for Experimental Social Psychology, Lake Tahoe, Nevada.
- Morling, B., & Fiske, S.T. (1994, July). *Mental control deprivation can cause motivated person perception*. Poster presented at the annual convention of the American Psychological Society, Washington, DC.
- Amsbary, D., Dépret, E., Morling, B., & Fiske, S.T. (1994, June). *Orientation toward others acts as an adaptive moderator of external locus of control*. Poster presented at the annual meeting of the American Psychological Society, Washington, D.C.
- Fiske, S.T., Amsbary, D., Dépret, E., & Morling, B. (1994, April). *Controlling self and others: A theory of anxiety, mental control and social control*. Third European Small Meeting on Social Cognition, Vendome, France.
- Morling, B., Arnscheid, R., Castro, F.P., Coudin, G., Gonzales Castro, J.L., Fiske, S.T., Graham, R., Milhalbet, I., Paspalanova, E., Shershinova, B., Van Duuren, F., Willig, C., & Zappala, S. (1993, August). *Measures of individualism-collectivism and social orientation in ten countries*. Poster presented at the annual convention of the American Psychological Association, Toronto, Ontario.

Grants and Awards

- 2010-11: Fulbright Lecturing-Research award for 11 months in Japan
- 2007 University of Delaware CFIS grant to develop Poland-United States research on social orientation.
- 2007 University of Delaware College of Arts and Sciences 2007 Award for Outstanding Advisement

2006 University of Delaware Instructional Grant to develop a Problem-Based-Learning Research Methods course
2002 Muhlenberg College Summer Research Grant to conduct a literature review of secondary control
2001 Muhlenberg College Direct Expense Grant to cover translation materials
2001 Muhlenberg College Summer Teaching Grant to prepare first-year seminar: "Are people the same wherever you go?"
2000 Muhlenberg College Summer Research Grant to analyze data from pregnancy stress project
1997 Union College Faculty Research Fund grant to conduct research on culture and stress during pregnancy
1996 Mombusho (Japan Ministry of Education) Grant to conduct research on cultural influences on control
1995 Sigma Xi Grant-in-Aid of Research to support project on "Secondary control in Hispanics and Anglos"

Nominations

2006, 2007, 2008, 2016: Nominated for University Advising Award, University of Delaware
2007, 2009, 2013: Nominated for University Teaching Award, University of Delaware
1994 Nominated for Distinguished Teaching Award, University of Massachusetts at Amherst

Professional Affiliations

Fellow, Society for Experimental Social Psychology (SESP, 2008)
Fellow, Association for Psychological Science (APS)
Society for the Teaching of Psychology (STP)
Society for Personality and Social Psychology (SPSP)
Asian Association of Social Psychology (AASP)
Society for the Improvement of Psychological Science (SIPS)

National Professional Service

NITOP (National Institute on the Teaching of Psychology) Program Committee, 2013-present
Co-Editor, "This is How I Teach" online blog, Society for the Teaching of Psychology 2013-2016
Co-organizer of the Cultural Psychology Preconference of SPSP, 2007, 2008, 2009
Society for the Teaching of Psychology Task Force on Graduate Teacher Preparation, 2007

Editorial Board Positions

Journal of Personality and Social Psychology (Attitudes and Social Cognition) (2017-present)
Basic and Applied Social Psychology
Social and Personality Psychology Science
Teaching of Psychology (terms 2014-2016; 2017-2019, 2020-present)

Ad hoc reviews (list is not comprehensive)

National Science Foundation
Asian Journal of Social Psychology
Group Processes and Interpersonal Relations
Journal of Cross-Cultural Psychology
Journal of Consulting and Clinical Psychology

Journal of Personality and Social Psychology
Journal of Research in Personality
Organizational Behavior and Human Decision Processes
Personality and Social Psychology Bulletin
Psychological Bulletin
Psychological Science
Sex Roles

Peer reviewed Teaching Materials

- Morling, B. (2012). Cultural Psychology. Syllabus peer reviewed and published in Project Syllabus.
<http://www.teachpsych.org/otrp/syllabi/syllabi.php?category=Teaching>.
- Morling, B. (2008). The Good Life. Research Methods problem peer-reviewed and published in the PBL Clearinghouse.
- Morling, B. (2007). Teaching Practicum. Syllabus peer reviewed and published in Project Syllabus.
<http://www.teachpsych.org/otrp/syllabi/syllabi.php?category=Teaching>.

Undergraduate Mentorship

Conference presentations by students

- Vicari, S. Morling, B., & Ishii, K. (2014). *Studying cultural differences in influence and adjustment through horoscopes*. Presented at the Eastern Psychological Association annual meeting, Boston, MA.
- Mojaverian, T., & Morling, B. (2007). *United States college students offer more social support than their Japanese counterparts*. Poster presented at the cultural psychology preconference of the Society for Personality and Social Psychology.
- Nelson, M. (2002, April). *Zero-acquaintance accuracy of four novel traits*. Presentation at the LVAIC undergraduate psychology conference, Bethlehem, PA.
- Nelson, M. (2001, April). *Zero-acquaintance accuracy of posed and spontaneous targets*. Presentation at the LVAIC undergraduate psychology conference, Allentown, PA.
- Buu, C. (2001, April). *Zero-acquaintance accuracy of the Big Five in job interview targets*. Presentation at the LVAIC undergraduate psychology conference, Allentown, PA.
- Clabaugh, A. (2002, April). *Sorority stereotype accuracy among high and low group identifiers*. Presentation at the LVAIC undergraduate psychology conference, Bethlehem, PA.
- Clabaugh, A. (2002, March). *Stereotype accuracy in the dance world*. Poster presented at the Eastern Psychological Association, Boston, MA.

Undergraduate honors thesis supervision

- Zhong, X. (2016). Should I send ☺ or ☹? Cultural differences in feedback exchange. [University of Delaware]
- Sieber, G. (2017). Empathy in design. [University of Delaware]
- Vicari, S. (2014). Studying cultural differences in influence and adjustment through horoscopes. [University of Delaware]
- Frentrup, S. (2010). Can you help me? Social support situations in Japan and the United States [University of Delaware]
- Perbetsky, J. (2003). Attachment to God and use of secondary control in religious experience. [Muhlenberg College]

- Clabaugh, A. (2002). Sorority stereotype accuracy among high and low group identifiers. [Muhlenberg College award of "High Honors"]
- Nelson, M. (2002). Zero-acquaintance accuracy of four novel traits. [Muhlenberg College award of "High Honors"]
- Schrader, C. (1999). Zero-acquaintance accuracy of men and women in power. [Union College]

Research Interests

I am broadly interested in how culture shapes human experience. In particular, I am interested in how culture shapes people's choice to adjust to environmental realities (secondary control), how culture shapes social support, and how culture can be measured in and transmitted by cultural products "outside the head." With undergraduate and graduate students, I have also conducted studies of impression accuracy, in particular, in the accuracy of impressions at zero-acquaintance and in the accuracy of stereotypes.

Teaching Interests

I most often teach research methods, cultural psychology, a seminar in the self-concept, and a graduate course in the teaching of psychology. In the past, I have also taught introduction to psychology, social psychology, personality psychology, I/O psychology, and statistics.