

Curriculum Vitae

Timothy R. Fowles, Ph.D.

Department of Psychological and Brain Sciences
University of Delaware
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Professional Positions

- 2013-Present Assistant Professor
Department of Psychological and Brain Sciences
University of Delaware
- 2013-Present Director, Psychological Services Training Center (PSTC)
University of Delaware
- 2013-Present Associate Director, Center for Training, Evaluation, and Community
Collaboration (C-TECC; www.ctecc.net)
University of Delaware
- 2010-Present Co-Founder, the Delaware Project (www.delawareproject.org)
- 2012-2013 Co-Director, Center for Training, Evaluation, and Community
Collaboration (C-TECC; www.ctecc.net)
University of Delaware
- 2009-2014 Lead Evaluator
Delaware's B.E.S.T. for Young Children and Their Families
Division of Prevention and Behavioral Health Services
State of Delaware, Children's Department
- 2008-2009 Chief Intern
Pre-Doctoral Psychology Internship
Primary Children's Medical Center

Education

Ph.D. University of Utah: 2009

Dissertation: Cell-Phone based aftercare for youth offenders

Supervisory Committee: Paul Florsheim, Ph.D. (chair); Keith Renshaw, Ph.D. (co-chair); James F. Alexander, Ph.D.; John DeWitt, Ph.D.; Bert Burraston, Ph.D.

M.S. University of Utah: 2005

Thesis: Child abuse potential among young fathers with conduct disorder.

Supervisory Committee: Paul Florsheim, Ph.D. (chair); James F. Alexander, Ph.D.; Marissa Diener, Ph.D.

B.A. University of Utah: 2000

Major: Psychology

Senior Thesis: Predicting engagement in family therapy using the Vanderbilt Therapy Alliance Scale – Revised; James F. Alexander, Advisor

Professional Interests

- Dissemination and implementation of evidence-based practice
- Graduate training in clinical science
- Undergraduate education in psychology
- Building collaborative academic-community partnerships for training, research, and systems development
- Impact of infrastructure on mental health services delivery and outcomes
- Dynamic program evaluation (needs analysis, logic model development, application of robust empirical indicators, continuous quality improvement)
- Applications of technology and information systems to mental healthcare delivery

Publications

* *denotes graduate student author*

** *denotes undergraduate student author*

*French, A.N., Yates, B.T., & **Fowles, T.R.** (2018). Cost-Effectiveness of Parent-Child Interaction Therapy in clinics versus homes: Client, provider, administrator, and overall perspectives. *Journal of Child and Family Studies*, 27, 3329-3344. <https://doi.org/10.1007/s10826-018-1159-4>

- Fowles, T.R.**, Masse, J.J., McGoron, K.L., Beveridge, R., *Williamson, A., & *Smith, M.S., *Parrish, B.P. (2018). Home vs. clinic-based Parent-Child Interaction Therapy: Comparative effectiveness and attrition in the context of implementation. *Journal of Child and Family Studies*, 27, 1115-1129. DOI: 10.1007/s10826-017-0958-3
- Beveridge, R.M., **Fowles, T.R.**, & Grasseti, S.N. (2017). The Delaware Project Then and Now: A Bold Vision Grows and Shapes Clinical Science. *The Behavior Therapist*, 40, 2, 48-53.
- Webb, C., Eklund, S., Seidenfeld, A., Kotek, G., & **Fowles, T.R.** (2016). Delaware CORE: Early Psychosis Prevention in the First State. *Delaware Journal of Public Health*, 2, 70-71.
- Bose, D., Guan, K., Beveridge, R.M., **Fowles, T.R.**, Jensen-Doss, A., & Chorpita, B.F. (2016). Graduate clinical training and its role in the dissemination of evidence-based practice: Expanding the set of opportunities. *The Behavior Therapist*, 39, 46-50.
- Beveridge, R.M., **Fowles, T.R.**, Masse, J.J., McGoron, L., *Smith, M.A., *Parrish, B., **Circo, G., Widdoes, N. (2015). Statewide dissemination and implementation of parent-child interaction therapy (PCIT): Application of theory. *Children and Youth Services Review*, 48, 38-48.
- Shoham, V., Rohrbaugh, M.J., Onken, L.S., Cuthbert, B.N., Beveridge, R., **Fowles, T.R.** (2014). Redefining Clinical Science Training: Purpose, Process, and Products of the Delaware Project. *Clinical Psychological Science*, 2, 8-21.
- Florsheim, P. & **Fowles, T.R.** (2007). An interpersonal-developmental perspective on juvenile justice systems. *Journal of Law and Family Studies*, 10, 147-171.
- Florsheim, P., Behling, S., South, M., **Fowles, T. R.**, & DeWitt, J. (2004). Does the youth corrections system work? Tracking the effectiveness of intervention efforts with delinquent boys in state custody. *Psychological Services*, 1, 126-139.
- South, M., **Fowles, T.R.**, DeWitt, J. (2002). *An analysis of Utah's Protective and Risk factors Assessment (PRA)*. Report to Utah's Division of Youth Corrections.
- VanVleet, R.K., Lambert, J.M., & **Fowles, T.R.** (2000). *The Impact of Utah's Serious Youth Offender Act*. Report to Utah's Commission on Criminal and Juvenile Justice.
- VanVleet, R.K., & **Fowles, T.R.** (1999). *A Case for Intermediate Sanctions*. Report to Utah's Commission on Criminal and Juvenile Justice for distribution.

Selected Presentations

* denotes graduate student author

** denotes undergraduate student author

Fowles, T.R., Liu, N.H. (2019, March). *Clinical Science, the Delaware Project, and the Role of the Training Clinic*. Poster presented at the annual meeting of the Association of Psychology Training Clinics (APTC), Charleston, SC.

Moser, N., Panzarella, C., & **Fowles, T.R.** (2019, March). *Integrating Research into a Training Clinic: Navigating Competing Interests from Ethics to Power Struggles to Practical Institutional Supports*. Poster presented at the annual meeting of the Association of Psychology Training Clinics (APTC), Charleston, SC.

Seidenfeld, A.M., Haut, B., Alpert, E., Grasseti, S.N., **Fowles, T.R.**, & Beveridge, R.M. (2018, October). *Differences in implementing Promoting Alternative Thinking Strategies (PATHS) Curriculum among two schools*. Poster presented at the Society for Research in Child Development (SRCD) Promoting Character Development Among Diverse Children and Adolescents: The Roles of Families, Schools, and Out-Of-School-Time Youth Development Programs, Philadelphia, PA.

*French, A.N., Yates, B.T., & **Fowles, T.R.** (Nov, 2018). *Cost-Effectiveness of Parent-Child Interaction Therapy in clinics versus homes: Client, provider, administrator, and overall perspectives*. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies (ABCT). Washington, DC

Fowles, T.R. (2018). *Mental health: Hope through innovation*. Keynote address, University of Delaware, College of Health Sciences, Evelyn Hayes Innovations in Healthcare Symposium. Newark, DE

Harrison, R., Newton, F., **Fowles, T.R.** (2018). *Mental health challenges of children and adolescents*. Panel at University of Delaware's STAR campus. Newark, DE.

Beveridge, R.M., & **Fowles, T.R.** (2017). *Overview of the Delaware Project*. Presented at the Association for Psychological Science (APS) Annual Convention during the meeting of the Academy for Psychological Clinical Science (APCS), Boston, MA.

Grasseti, S.N., Haut, B., Tuohy Walls, M., Hughes-Reid, C., McAuliffe Lines, M., **Fowles, T.R.**, Beveridge, R.M. (2017). *Understanding the value of and barriers to integrating preventative behavioral health services into well visits in underserved pediatric primary care settings*. Symposium presented at the American Psychological

Association's (APA) Annual Convention, Washington, D.C

Fowles, T., Meuret, A., Shankman, S., Wiltsey-Stirman, S. (2016). *The Delaware Project – ABCT – RDoC Webinar Series, Webinar 1: Anxiety & Fear*. Hosted by the National Institute of Mental Health. <https://www.nimh.nih.gov/news/science-news/2017/webinar-rdoc-fear-amp-anxiety-from-mechanisms-to-implementation.shtml>

Fowles, T.R., Beveridge, R. (2016). *The Delaware Project student awards*. Presented at the Association for Psychological Science (APS) Annual Convention during the meeting of the Academy for Psychological Clinical Science (APCS), New York, NY

*Alpert, E., *Yun, J. Y., & **Fowles, T.** (2016). *Therapist adoption of parent-child interaction therapy in a statewide dissemination and implementation initiative in Delaware*. Poster presented at the Dissemination and Implementation Science Special Interest Group at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

Fowles, T.R., Beveridge, R. (2013). Evaluation of Home-Based Parent-Child Interaction Therapy (PCIT). In Masse, J.J. (Chair) *Having "PRIDE" in Your Home: Statewide dissemination of home-based PCIT*. Presented at the biennial PCIT convention, Boston, M.A.

Fowles, T.R., Beveridge, R. (2013). *Overview of the Delaware Project and resource submission process*. Presented at the Association for Psychological Science (APS) Annual Convention during the meeting of the Academy for Psychological Clinical Science (APCS), Washington, D.C.

*Smith, M., **Fowles, T.R.,** Beveridge, R. (2012). A Provider's Perspective on the Implementation of PCIT in a Community Setting. In Masse, J.J (Chair), *Paving the road for community dissemination and implementation of Parent-Child Interaction Therapy: Lessons learned from the field*. Symposium presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Fowles, T.R., Beveridge, R. (2012). Evaluation of Home-Based Parent-Child Interaction Therapy (PCIT). In Masse, J.J. (Chair) *Home-Based Parent-Child Interaction Therapy (PCIT): Implementing an Evidence-Based Treatment within a System of Care*. Two training institutes presented at the biennial Georgetown University Training Institutes conference, Orlando, FL.

Fowles, T.R. (2012). Promising Practices in Juvenile Justice: Relationships as Keys. In Neal,

O. (Chair), *The beginning or the end? The Urban child's experience in the juvenile justice system*. Symposium presented at the University of Baltimore, School of Law, Center for Families, Children and the Courts. Baltimore, MD

Fowles, T.R., Beveridge, R. (2011). Effectiveness of a Statewide Implementation of Home-Based Parent-Child Interaction Therapy (PCIT): Results and keys to program evaluation. In Costello, A.H. (Chair) *Implementing Home-Based Parent-Child Interaction Therapy: Clinical Considerations, Adaptations, and Outcomes*. Symposium presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario, Canada.

Fowles, T.R., Beveridge, R. (2011). New developments in dissemination and implementation training for clinical scientists. In Garland, A. (Chair) *Training a New Generation of Dissemination and Implementation Scientists*. Symposium presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario, Canada.

Beveridge, R.M., *Graber, E.G., & **Fowles, T.R.** (2011). *Integrating a University Training Clinic Into the System of Care: A Case Study of Collaboration With Parent Child Interaction Therapy (PCIT)*. Workshop presented at the System of Care Community Training, Chicago, IL.

Fowles, T.R., Beveridge, R. (2011). Overview of training in dissemination and implementation. In **Fowles, T.R.** (Chair), *Training in Evidence-Based Practice: Perspectives from Doctoral and Internship Programs on Dissemination and Implementation*. Invited symposium presented at the Annual Convention of the Association for Psychological Science (APS), Washington, DC.

Beveridge, R., **Fowles, T.R.** (2011). Overview of dissemination and implementation of EBP. In Beveridge, R. (Chair) *Dissemination of Evidence-Based Practice: The Science of Psychotherapy in the Community*. Invited symposium presented at the Annual Convention of the Association for Psychological Science (APS), Washington, DC.

Fowles, T.R., Beveridge, R. (2010) *Parent-Child Interaction Therapy (PCIT): Outcomes in Delaware*. Workshop presented at the annual statewide conference, State of Delaware, Division of Prevention and Behavioral Health Services (DPBHS), Newark, DE.

Fowles, T.R., Beveridge, R. (2010). Introduction to PCIT and Delaware outcomes. In Fowles, T.R. (Chair) *Parent-Child Interaction Therapy (PCIT): Implementing an evidence-based practice in Systems of Care*. Two training institutes presented at the biennial Georgetown University Training Institutes conference, National Harbor, MD.

Fowles, T.R., Beveridge, R. (2009) *Early findings from Delaware's implementation of Parent-Child Interaction Therapy (PCIT)*. Plenary lecture presented at the annual statewide conference, State of Delaware, Division of Services for Children, Youth and Families (DCYF), Newark, DE.

Fowles, T.R., Florsheim, P., McGill, J. (2003). *Child abuse among young fathers with conduct disorder*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

Grants and Funding

**Ongoing projects*

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| 2019
(Awarded) | Training tomorrow's scientists with video tools for communicating to the public
UNIDEL Grand Challenges Grant Program
\$39,500 contract direct to C-TECC |
| 2015*
(Active) | Parenting+, Integration of Evidence-Based Parenting and Financial Coaching Empowerment
Annie E. Casey Foundation
\$451,232 secured contracts extending to Dec 2019 |
| 2018-2019
(Active) | Parenting+, Camden Head-Start implementation
Calvin K. Kazanjian Economics Foundation
\$50,000 contract direct to C-TECC |
| 2014-2020
(Active) | Project Community Outreach, Referral and Early Intervention (CORE)
Substance Abuse and Mental Health Services Agency (SAMHSA)
& State of Delaware (Multiple Agencies)
SM-14-017
\$656,214 (sub-award to C-TECC) |
| 2014-2020
(Active) | Linking Actions for Unmet Needs in Children's Health (LAUNCH)
Substance Abuse and Mental Health Services Agency (SAMHSA)
& State of Delaware (Multiple Agencies)
1H79SM061552
\$588,169 (sub-award to C-TECC) |

- 2017-2018
(Active) Project Compassionate and Responsive Services (RP Cares)
State of Delaware Department of Education
Collaboration with Richardson Park Elementary
\$94,390 (sub-award to C-TECC)
- 2017
(Complete) Building Roads to Inclusivity and Diversity in Graduate Education (BRIDGE)
University of Delaware
American Psychological Association; Center for the Study of Diversity, College
of Arts & Sciences, Department of Psychological and Brain Sciences
\$37,500
- 2016-2017
(Complete) Evaluation of Stand by Me Financial Coaching model
Kellogg Foundation/United Way
\$15,000
- 2015-2016
(Complete) Implementing Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) in a
High-Risk Population
Varda Shoham Clinical Science Training Initiative
Conducting Science in/on Applied Settings Track
Society for a Science of Clinical Psychology
\$1,500
- 2013-2015
(Complete) Training of the Global Appraisal of Individual Needs (GAIN)
Delaware Division of Prevention and Behavioral Health Services (DPBHS)
\$132,125
- 2012-2015
(Complete) Accelerating the Enrollment of High Needs Children in High Quality Early
Learning Programs
U.S. Department of Education
Early Challenge Grant to State of Delaware
\$123,259
- 2011
(Active) Delaware Project Conference & Support
National Institutes of Mental Health (NIMH), Office of Behavioral and Social
Sciences Research (OBSSR), SAGE Publications, Academy of Psychological
Clinical Science (APCS), University of Delaware
\$101,000 combined
- 2008-2014
(Complete) Delaware's B.E.S.T. for Young Children and Their Families
Substance Abuse and Mental Health Services Agency (SAMHSA)
& Delaware Division of Prevention and Behavioral Health Services (DPBHS)

SM58493
\$1,538,170

2005-2006 Cell-Phone Based Aftercare for Youth Offenders
(Complete) Tanner Fellowship for Violence Prevention Research
University of Utah
\$10,500

Licensure

Licensed Psychologist in the State of Delaware: B1-0001054

Consulting

2018 Evelyn Hayes Innovations in HealthCare Workshop, University of Delaware
2017 Evaluation of Training Clinic Structure and Feasibility, The College of New Jersey

Teaching

University of Delaware

Clinical Psychology (Undergraduate)
Ethics, Diversity, Consultation, & Supervision (Graduate)
Research Design (Graduate)
Psychopathology (Undergraduate)
Abnormal Psychology (Undergraduate)
Developmental Psychology (Undergraduate)

University of Warsaw, Poland

Dissemination of Evidence-Based Practice (Graduate)

University of Utah

Graduate Instructor:

Research Methods/Statistics (High School)
Research Methods (Undergraduate)
Survey of Clinical Psychology (Undergraduate)

Awards and Honors

Excellence in Teaching Nomination, University of Delaware, 2017

Elected Chief Intern, Primary Children's Medical Center: 2008

Kevin Hawley Award Recipient, University of Utah: 2005

Psi-Chi President, University of Utah: 1999-2000

Professional Service

Journal Reviews

Journal of Child and Family Studies

Professional Societies and Memberships

Association for Behavioral and Cognitive Therapies (ABCT)

Association of Psychology Training Clinics (APTC)

Association for Psychological Science (APS)

American Association of University Professors (AAUP)

Delaware Psychological Association (DPA)

Foreign Languages & Experience

Fluent in Portuguese

Lived and worked exclusively in Brazil from 1994-1996