

Danielle R. Shayani
Curriculum Vitae

OFFICE ADDRESS

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EDUCATION

2015-2019 **Northeastern University, Boston MA**
Bachelor of Science: Psychology; Minor in Women's, Gender, and Sexuality Studies
Cumulative GPA: 3.84 Junior/Senior GPA: 3.91 Major GPA: 3.86

Fall 2015 International Experience: Foundation for International Education, London UK

Relevant Coursework: Statistics in Psychological Research; Biological Psychology; Clinical Neuroscience; Developmental Psychology; Abnormal Psychology; Cognition; Social Psychology; Laboratory in Research Design; Neuropsychology of Fear; Seminar in Clinical Psychology; Food, Behavior, and Eating Disorders; Sexual Violence: Counseling, Programs, and Policy; Sociology of the Family

RESEARCH EXPERIENCE

National Center for PTSD, Women's Health Sciences Division **Boston, MA**
Psychology Research Technician, VA Boston Healthcare System July 2019-Present
Supervisor: Katherine M. Iverson, Ph.D.

- Major Projects: **a)** Federally-funded (VA HSR&D) randomized clinical trial, entitled: "Recovering from Intimate Partner Violence through Strengths and Empowerment (RISE): Tailoring and Evaluating a Patient-Centered Counseling Intervention for Women Veterans"; **b)** Federally-funded (VA HSR&D) project, entitled: "Increasing Reach of Evidenced-Based Psychotherapies of CBOCs: Identifying Needs and Strategies of Scale Out"; **c)** National Center for PTSD funded project, entitled: "Assessing Women Veterans' Preferences for Counseling Related to Intimate Partner Violence"; **d)** Various studies examining the intersections among intimate partner violence and other forms of interpersonal trauma with coping mechanisms (e.g., psychological flexibility), mental health (e.g., PTSD and depressive symptoms, and sleep), and health care use.
- Responsibilities: Collect, transcribe, and analyze qualitative and quantitative data to refine and compare counseling intervention for women who experience intimate partner violence; recruit participants (e.g., patients, clinicians); conduct informed consent and post-treatment interviews of patients and clinicians; maintain SPSS and electronic medical records; assist with data analysis, prepare manuscripts, poster presentations, grant submissions, and Institutional Review Board, and Research and Development protocol submissions.

Boston University School of Medicine, Department of Psychiatry **Boston, MA**
Clinical Research Assistant January 2018-May 2019
Supervisor: Yael I. Nillni, Ph.D.

- Major Project: NIH/National Institute of Child Health & Human Development funded study, entitled: "PTSD-Related Neurobiological Mediators of Negative Pregnancy Outcomes"

- Responsibilities: Coordinated a longitudinal study following women exposed to trauma and posttraumatic stress disorder through their pregnancy and early postpartum period; recruited patients in the OB/GYN clinic in coordination with providers; consented participants, conducted study visits, and processed biological samples; developed REDCap databases and entered clinical research data; Assisted with NIH grant submissions and IRB maintenance; prepared participant charts and created study operation procedures; participated in interdisciplinary clinic team meetings and communicated with providers to promote study recruitment; maintained ongoing communication with participants to increase study retention; assisted with literature searches, presentations, and manuscript writing.

Northeastern University College of Science, Causal Cognition Laboratory

Boston, MA

Research Assistant

September 2018-December 2018

Supervisor: Nancy S. Kim, Ph.D.

- Responsibilities: Consented and guided participants through cognition research studies; coded participant responses for data analysis; assisted in data analyses using SPSS and poster preparation; participated in weekly lab meetings.

Brigham and Women's Primary Care Center

Boston, MA

Clinical Research Assistant

May 2017-December 2018

Supervisors: Courtney Beard, Ph.D., Risa B. Weisberg, Ph.D.

- Major Project: NIH funded study, entitled: "Developing a Low-Intensity Primary Care Intervention for Anxiety Disorders"
- Responsibilities: Served as the patient's guide for a cognitive bias modification (CBM) anxiety treatment program; facilitated communication between patient, program, and primary care providers; checked in with patients weekly to provide encouragement, to troubleshoot, and to facilitate behavioral changes; monitored patients' safety via review of their depression, anxiety, and suicidal ideation scores; recorded progress notes in patient medical records to enable coordination of care between investigators and physicians.

Behavioral Health Partial Hospital Program, McLean Hospital

Belmont, MA

Clinical Research Assistant

January 2017-August 2017

Supervisors: Courtney Beard, Ph.D., Thröstur Björgvinsson, Ph.D., ABPP

- Major Project: Presidential Award, McLean Hospital funded study, entitled: "Using Ecological Momentary Assessment (EMA) to assess outcomes following discharge from partial hospitalization"
- Responsibilities: Recruited patients receiving treatment for acute mental illness in a partial hospital program; consented over 100 participants and guided them through IRB-approved research protocols for EMA smartphone study; managed participant master log and EMA data, assisted in data analysis; performed medical chart review to ascertain psychotropic medication and mental health diagnoses; assessed treatment fidelity for group therapy sessions at partial hospital program; participated in weekly research meetings with clinical and research staff.

CLINICALLY-RELEVANT AND VOLUNTEER EXPERIENCE

Military Sexual Trauma Awareness Day

Boston, MA

Assistant

April 2020

- Responsibilities: In congruence with Sexual Assault Awareness Month, assisted Military Sexual Trauma (MST) Coordinators in activities nationally to promote MST awareness and resources to Veterans during the COVID-19 pandemic.

Domestic Violence Awareness Month

Boston, MA

Intimate Partner Violence Assistance Program Volunteer

October 2019

- Responsibilities: Organized and staffed tables dedicated to provision of domestic violence-related resources; assisted Program Chair in administering program brochures and factsheets to spread awareness of intimate partner violence and available services.

Greater Boston Stand Down

Volunteer Representative for VA Boston Healthcare System

Boston, MA

September 2019

- Responsibilities: Provided clinical and research resources for women Veterans at annual health fair.

Boston University School of Public Health Internship & Practicum Expo

Volunteer

Boston, MA

March 2018

- Responsibilities: Assisted with conference organization, including information booths and the registration processes; provided Master of Public Health (MPH) candidates with practicum information; introduced MPH candidates seeking experiences in the public health field to prospective employers and practicum supervisors.

Appleton Residential Program, McLean Hospital

Community Residence Counselor

Belmont, MA

July 2017-September 2017

- Responsibilities: Provided direct patient care such as social support, mindfulness skills practice, and problem solving; participated in therapeutic milieu for patients with severe mental illness (e.g., schizophrenia); co-lead patient groups (e.g., meditation, gardening, cooking); participated in weekly clinical rounds (e.g., provided information about patients' status to the staff).

PEER REVIEWED MANUSCRIPTS

1. Iverson, K. M., Danitz, S. B., **Shayani, D. R.**, Vogt, D., Wiltsey Stirman, S., Hamilton, A. B., Mahoney, C. T., Gerber, M. R., & Dichter, M. E. (in press). Recovering from IPV through strengths and empowerment (RISE): Findings from a randomized clinical trial. *The Journal of Clinical Psychiatry*.
2. Iverson, K. M., Danitz, S. B., Driscoll, M., Vogt, D., Hamilton, H. B., Gerber, M. R., Stirman, S. W., **Shayani, D. R.**, Suvak, M. K., & Dichter, M. E. (in press). Recovering from intimate partner violence through strengths and empowerment (RISE): Development, pilot testing, and refinement of a patient-centered brief counseling intervention for women. *Psychological Services*.
3. **Shayani, D. R.**, Arditte Hall, K. A., Isley, B. C., Rohan, K. J., Zvolensky, M. J., & Nillni, Y. I. (2020). The role of health anxiety in the experience of perceived stress across the menstrual cycle. *Anxiety, Stress, & Coping*, 33(6), 706-715. <https://doi.org/10.1080/10615806.2020.1802434>
4. Nillni, Y. I., **Shayani, D. R.**, Finley, E., Copeland, L. A., Perkins, D. F., & Vogt, D. S. (2020). The Impact of Posttraumatic Stress Disorder and Moral Injury on Women Veterans' Perinatal Outcomes Following Separation from Military Service. *Journal of Traumatic Stress*, 33(3), 248-256. <https://doi.org/10.1002/jts.22509>
5. Mahoney, C. T., **Shayani, D. R.**, & Iverson, K. M. (2020). Differential indirect effects of military sexual trauma on posttraumatic stress disorder symptom clusters via past-year intimate partner violence experiences. *Traumatology*. <https://doi.org/10.1037/trm0000242>
6. Forgeard, M., Beard, C., **Shayani, D.**, Silverman, A. L., Tsukayama, E., & Björgvinsson, T. (2020). Predictors of Affect Following Discharge from Partial Hospitalization: A Two-Week Ecological Momentary Assessment Study. *Psychological Medicine*, 1-9. <https://doi.org/10.1017/S0033291719004057>

MANUSCRIPTS UNDER REVIEW

1. **Shayani, D. R.**, Danitz, S. B., Low, S. L., Hamilton, A. B., & Iverson, K. M. Women Tell All: A Comparative Thematic Analysis of Women's Perspectives on Two Brief Counseling Interventions for Intimate Partner Violence. *Under Review*.
2. Iverson, K. M., Dardis, C. M., Portnoy, G. R., Webermann, A. R., **Shayani, D. R.**, Dichter, M. E., Mattocks, K. M., Gerber, M. R., & Cowlshaw, S. Effects of pre-COVID-19 Intimate Partner Violence and Pandemic-Related Stress on the Mental and Physical Health of Women Veterans. *Under Review*.

CONFERENCES AND PRESENTATIONS

1. **Shayani, D. R.**, Danitz, S. B., Driscoll, M., & Iverson, K. M. (November, 2020). *Barriers and Motivators of Seeking Counseling for IPV*. Presented at the International Society for Traumatic Stress Studies (ISTSS) Annual Conference, virtual.
2. **Shayani, D. R.**, Danitz, S. B., & Iverson, K. M. (November, 2020). *Understanding the Differential Associations of IPV Type on Psychosocial Functioning among Women Experiencing IPV*. Presented at the International Society for Traumatic Stress Studies (ISTSS) Annual Conference, virtual.
3. Danitz, S. B., **Shayani, D. R.**, & Iverson, K. M. (November, 2020). *Differential Associations Between Physical, Psychological, and Sexual IPV on Personal Values, Self-Efficacy, Empowerment, and PTSD Symptoms in a Sample of Treatment-Seeking Women*. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, virtual.
4. **Shayani, D. R.**, Gabrielson, B.S., Danitz, S., Driscoll, M., Gerber, M., Dichter, M., Hamilton, A., Wiltsey-Stirman, S., & Iverson, K. (2019, November). *Women Tell All: A Comparative Thematic Analysis of Two Brief Counseling Interventions for Intimate Partner Violence*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) Annual Conference, Boston, MA.
5. Luehrs, R., Suvak, M., **Shayani, D.**, & Iverson, K. (November, 2019). *Hope and Self-Efficacy as Moderators of the Relationship Between Intimate Partner Violence and Posttraumatic Stress Disorder*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) Annual Conference, Boston, MA.
6. **Shayani, D. R.**, Isley, B., Rohan, K. J., Zvolensky, M. J., & Nillni, Y. I. (March, 2019). *The role of health anxiety in the experience of menstrual symptoms and perceived stress across the menstrual cycle*. Poster presented at the Anxiety and Depression Association of America (ADAA) Annual Conference, Chicago, IL.
7. Isley, B., **Shayani, D. R.**, Zvolensky, M. J., Rohan, K. J., & Nillni, Y. I. (March, 2019). *The role of health anxiety in predicting panic-relevant responding to a CO₂ challenge*. Poster presented at the Anxiety and Depression Association of America (ADAA) Annual Conference, Chicago, IL.
8. Nillni, Y. I., **Shayani, D. R.**, Finley, E., Copeland, L., & Vogt, D. (April, 2018). *The role of trauma, stress, and mental health on pregnancy outcomes among women veterans following separation from military service*. In Y. Nillni (Chair). *The Intersection of Trauma, Mental Health, and Perinatal Health*. Symposium presented at the North American Society for Psychosocial Obstetrics and Gynecology Biennial Meeting, Philadelphia, PA.

9. Silverman, L. A., Forgeard, M., **Shayani, D.**, Beard, C., & Björgvinsson, T. (April, 2018). *Feasibility and acceptability of a smart-phone self-monitoring intervention for patients after discharge from a partial hospital program*. Poster presented at the Anxiety and Depression Association of America (ADAA) Annual Conference, Washington, D.C.
10. **Shayani, D.**, Forgeard, M., Silverman, A., Beard, C., & Björgvinsson, T. (January, 2018). *Associations between CBT and DBT Skills Use in Daily Life and Symptom Improvement following Partial Hospitalization*. Poster presented at the 9th annual meeting of McLean Hospital Research Day, Belmont, MA.
11. Silverman, A. L., Forgeard, M., **Shayani, D.**, Beard, C., & Björgvinsson, T. (January, 2018). *Feasibility and acceptability of a smart-phone self-monitoring intervention for patients after discharge from a partial hospital program*. Poster presented at the 9th annual meeting of McLean Hospital Research Day, Belmont, MA.
12. Forgeard, M. J. C., **Shayani, D.**, Silverman, A., Beard, C., & Björgvinsson, T. (November, 2017). *Testing the acceptability, feasibility, and effectiveness of a smartphone app for self-assessment during the transition from partial to outpatient levels of care*. In M. Forgeard (Chair), D. Ben-Zeev (Discussant), *Taking treatment with you: Enhancing CBT using technology*. Symposium presented at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
13. **Shayani, D.**, Forgeard, M., Silverman, A., Beard, C., & Björgvinsson, T. (November, 2017). *Associations between CBT and DBT Skills Use in Daily Life and Symptom Improvement following Partial Hospitalization*. Poster presented at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

PROFESSIONAL MEMBERSHIPS AND RELATED ACTIVITIES

Association for Behavioral and Cognitive Therapies (ABCT)	July 2017-Present
Anxiety and Depression Association of America (ADAA)	November 2018-Present
Sleep Health: Journal of the National Sleep Foundation – Ad Hoc Reviewer <i>Co-reviewed with Dr. Katherine M. Iverson, Ph.D.</i>	March 2019

HONORS AND AWARDS

Honors: Northeastern University Dean's List (2016-2019), Psi Chi (The International Honors Society in Psychology), *Magna Cum Laude* (2019)

Awards: Norman Mailer National Writing Finalist (2015)

SKILLS AND CERTIFICATIONS

Computer Skills

SPSS statistical software, EndNote, REDCap, EPIC, Proficient in Microsoft Office (Word, Excel, PowerPoint)

Clinical Skills

CPR, EKG, Vitals, Phlebotomy

CITI Training

TRAININGS

- 2020 **RISE – Brief Counseling Intervention for IPV**
National Center for PTSD – Boston, MA
Instructors: Katherine Iverson, Ph.D., Sara Danitz, Ph.D.
- 2020 **Basic Life Support Training**
American Heart Association Program
Instructor: Nancy Schlotter, RN
- 2019 **Biostatistics and Research Methods Bootcamp Series**
National Center for PTSD – Boston, MA
Instructor: Jennifer Fonda, Ph.D.
- 2019 **Qualitative Research Summer Institute (QSRI)**
Odum Institute; University of North Carolina – Chapel Hill
Instructor: Alison Hamilton, Ph.D.
- 2018 **Sexual Violence Counseling**
Boston Area Rape Crisis Center (BARCC); Northeastern University
Instructor: Stephanie DeCandia, Esq.
- 2017 **Motivational Interviewing**
Brigham and Women’s Primary Care Center – Boston, MA
Instructor: Risa B. Weisberg, Ph.D.