

Ryan M. Beveridge

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[University of Delaware](#)

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Professional:

- 2019-present Director of [Clinical Training](#), Department of Psychological and Brain Sciences, University of Delaware
- 2016-2018 Co-Director of [Clinical Training](#), Department of Psychological and Brain Sciences, University of Delaware
- 2015-present Associate Professor, Department of Psychological and Brain Sciences, University of Delaware
- 2008-2015 Assistant Professor, Department of Psychological and Brain Sciences, University of Delaware
- 2009-present Visiting Professor, University of Warsaw, Warsaw Poland
- 2010-present Co-Founder, [The Delaware Project](#)
- 2012-present Director, Center for Training, Evaluation, and Community Collaboration ([C-TECC](#)), University of Delaware

Education:

- 2007-2008 *Primary Children's Medical Center, Safe and Healthy Families: Clinical Psychology Internship (APA Accredited).
Supervisor: Kevin Gully, Ph.D.*
- 2004-2008 *University of Utah, Department of Psychology: Ph.D., Clinical Psychology
Clinical Psychology Program (APA Accredited)
Dissertation Topic: *Optimal parent-adolescent interpersonal processes when managing type 1 diabetes.*
Faculty Advisor: Cynthia Berg, Ph.D.*
- 2001-2004 *University of Utah, Department of Psychology: M.S., Clinical Psychology.*

Master's Thesis: *The role of congruence in stress appraisals in predicting psychosocial adaptation and collaboration in mother-adolescent dyads coping with diabetes.*

Faculty Advisor: Cynthia Berg, Ph.D.

1997-2000 *University of Utah, Psychology, B.S.*

Professional Interests:

- Dissemination and implementation of Evidence-Based Practices in community mental health agencies
- Integrated stage model approach to training clinical science graduate students
- Experiential and community-integration in undergraduate education in psychology
- Building collaborative academic-community partnerships for training and evaluation

External Funding:

2020-2024 Project Building a System of Care for Children and Youth with Serious Emotional Disturbances (SED)
Substance Abuse and Mental Health Services Agency (SAMHSA)
\$390,320 (sub-award to C-TECC)

2016-2020 Project Parenting Plus
Annie E. Casey Foundation
\$451,232
Role: PI

2014-2020 Project LAUNCH
Substance Abuse and Mental Health Services Agency (SAMHSA)
\$588,169 (sub-award to C-TECC)
Role: PI

2014-2020 Project Community Outreach, Referral, and Early Intervention (CORE)
Substance Abuse and Mental Health Services Agency (SAMHSA)
\$686,214 (sub-award to C-TECC)
Role: PI

2018-2019 Parenting Plus Camden Head Start Implementation
Calvin K. Kazanjian Economics Foundation
\$50,000
Role: PI

- 2017-2019 A Collaborative Approach to Engaging, Recruiting, and Retaining Ethnic Minority Students in Clinical Science Graduate Programs
American Psychological Association
\$7,500
Role: PI
- 2018 Woodbridge School District Training and Evaluation for Trauma Services
\$27,973
Delaware Department of Education
Role: Supervisor and Project Lead
- 2017-2018 Project Compassionate and Responsive Education Services (CARES)
\$94,390
Delaware Department of Education
Role: Co-PI
- 2016 Stand by Me Financial Coaching Evaluation
Kellogg Foundation/United Way
Role: Co-PI
- 2013-2015 Training and Implementation of the Global Appraisal of Individual Needs (GAIN)
Delaware Children's Department
Division of Prevention and Behavioral Health Services
\$132,125
Role: Co-PI
- 2012-2015 Accelerating the Enrollment of High Needs Children in High Quality Early Learning Programs
U.S. Department of Education
Early Challenge Grant to State of Delaware (sub-contract to C-TECC)
\$123,259
Role: PI
- 2011- Delaware Project Conference & Support
National Institutes of Mental Health (NIMH), Office of Behavioral and Social Sciences Research (OBSSR), SAGE Publications, Academy of Psychological Clinical Science (APCS), University of Delaware
\$101,00
Role: Co-Director
- 2008-2014 Delaware's B.E.S.T. for Young Children and Their Families
Substance Abuse and Mental Health Services Agency (SAMHSA)
Child Mental Health Initiative (CMHI)
SM58493
\$1,538,170
Role: PI

Internal University of Delaware Funding:

- 2019 Training Tomorrow's Scientists with Video Tools for Communicating to the Public
University of Delaware Grand Challenges Grant Program
\$39,500
- 2018 Expanding Project Building Roads to Inclusivity and Diversity in Graduate Education
College of Arts and Sciences
\$30,000
- 2017 Project Building Roads to Inclusivity and Diversity in Graduate Education
Center for the Study of Diversity, Department of Psychological and Brain Sciences, College of Arts and Sciences
\$18,000

Publications and Reports:

- Shadowen, N.L., Guerra, N.G., **Beveridge, R.**, McCoy, E.K. (2020). A resilient research approach: Using community-based participatory action research in a rural area of India. *Journal of Community Psychology*. 48 (8), 2491-2503. DOI: 10.1002/jcop.22429
- Jaremka L.M., **Beveridge R.M.** (2018) Family Social Support. In: Gellman M., Turner J. (eds) *Encyclopedia of Behavioral Medicine*. Springer, New York, NY.
- Beveridge R.M.**, Jaremka L.M. (2018) Family, Relationships. In: Gellman M., Turner J. (eds) *Encyclopedia of Behavioral Medicine*. Springer, New York, NY.
- Fowles, T.R., Mase, J.J., McGoron, K.L., **Beveridge, R.**, Williamson, A., & Smith, M.S., Parrish, B.P. (2018). Home vs. clinic-based Parent-Child Interaction Therapy: Comparative effectiveness and attrition in the context of implementation. *Journal of Child and Family Studies*, 27, 1115-1129. DOI: 10.1007/s10826-017-0958-3
- Beveridge, R.M.**, Fowles, T.R., & Grasetti, S.N. (2017). The Delaware Project Then and Now: A Bold Vision Grows and Shapes Clinical Science. *The Behavior Therapist*, 40 (2).
- Bose, D., Guan, K., **Beveridge, R.M.**, Fowles, T.R., Jensen-Doss, A., & Chorpita, B.F. (2016). Graduate clinical training and its role in the dissemination of evidence-based practice: Expanding the set of opportunities. *The Behavior Therapist*, 39, (2), 46-49.
- Beveridge, R.M.**, Fowles, T.R., Mase, J.J., Parrish, B.P., Smith, M.S., Circo, G., Widdoes, N.S. (2015). The dissemination and implementation of Parent-Child Interaction Therapy (PCIT): Lessons learned from a state-wide system of care. *Children and Youth Services Review*, 48, 38-48.

- Shoham, V., Rohrbaugh, M.J., Onken, L.S., Cuthbert, B.N., **Beveridge, R.M.**, & Fowles, T.R. (2014). Redefining clinical science training: Purpose and products of the Delaware Project. *Clinical Psychological Science*, 2, (1), 8-21.
- Beveridge, R.M.** & Graber, E.C. (2013). Family Relationships. In Encyclopedia of Behavioral Medicine. (Vol. 2, pp. 780-782). New York, NY: Springer.
- Graber, E.C. & Beveridge, R.M. (2013). Family Social Support. In Encyclopedia of Behavioral Medicine. (Vol. 2, pp. 769-771). New York, NY: Springer.
- Berg, C. A., Schindler, I., Smith, T. W., Skinner, M., & **Beveridge, R. M.** (2011). Perceptions of the cognitive compensation and interpersonal enjoyment functions of collaboration among middle-aged and older married couples. *Psychology and Aging*, 26 (1), 167-173.
- Smith, T.W., Uchino, B.N., Florsheim, P., Berg, C. A., Butner, J.A., Hawkins, M., Henry, N.J., Beveridge, R.M., Pearce, G., Hopkins, P.N., Yoon, H. (2011). Affiliation and control during marital disagreement, history of divorce and asymptomatic coronary artery calcification in older couples. *Psychosomatic Medicine*, 73(4), 350-357.
- Smith, T. W., Berg, C. A., Florsheim, P., Uchino, B. N., Pearce, G., Hawkins, M., Henry, N. J. **Beveridge, R.M.**, Skinner, M., & Olsen-Cerny, C. (2009). Conflict and collaboration in middle-aged and older married couples: I: Effects on self-reported affect, spouse appraisals, and observed behavior. *Psychology and Aging*, 24 (2), 259-273.
- Smith, T. W., Uchino, B. N., Berg, C., Florsheim, P., Pearce, G., Hawkins, M., Henry, N., M., **Beveridge, R.M.**, Skinner, Ko, K. J., & Olsen-Cerny, C. (2009). Conflict and collaboration in middle-aged and older married couples: II; Age, sex, and task context moderate cardiovascular reactivity during marital interaction. *Psychology and Aging*, 24 (2), 274-286.
- Smith, T. W., Uchino, B. N., Berg, C. A., Florsheim, P., Pearce, G., Hawkins, M., Henry, N., **Beveridge, R.M.**, Skinner, M., Hopkins, P. N., & Yoon, H. (2008). Associations of self-reports versus spouse ratings of negative affectivity, dominance, and affiliation with coronary artery disease: Where should we look and who should we ask when studying personality and health. *Health Psychology*, 27 (6), 676-684.
- Story, N., Berg, C.A., Smith, T.W., **Beveridge, R.M.**, Henry, N.J., & Pearce, G., (2007). Age, marital satisfaction, and optimism as predictors of positive sentiment override in middle-aged and older married couples. *Psychology and Aging*, 22, (4), 719-727.
- Berg, C.A., Smith, T.W., Ko, K., Story, N., **Beveridge, R.M.**, Allen, N., Florsheim, P., Pearce, G., Uchino, B., Skinner, M., & Glazer, K. (2007). Task control and cognitive abilities of self and spouse in collaboration in middle-aged and older couples. *Psychology and Aging*, 22 (3), 420-427.

- Berg, C.A., Wiebe, D.J., **Beveridge, R.M.**, Palmer, D.L., Korbel, C.D., & Upchurch, R. (2007). Mother-child appraised involvement in coping with diabetes stressors and emotional adjustment. *Journal of Pediatric Psychology*, 32 (8), 995-1005.
- Beveridge, R.M.**, & Berg, C.A. (2007). Parent-adolescent collaboration: An interpersonal model for understanding optimal interactions. *Clinical Child and Family Psychology Review* 10, (1), 25-52.
- Beveridge, R. M.**, Berg, C.A., Wiebe, D.J., & Palmer, D. L. (2006). Mother and adolescent representations of illness ownership and stressful events surrounding diabetes. *Journal of Pediatric Psychology*, 31 (8), 818-827.
- Wiebe, D.J., Berg, C.A., Korbel, C.D., Palmer, D.L., **Beveridge, R.M.**, Upchurch, R., Lindsay, R., Swinyard, M.T., & Donaldson, D.L. (2005). Children's appraisals of maternal involvement in coping with diabetes: Enhancing our understanding of adherence, metabolic control, and quality of life across adolescence. *Journal of Pediatric Psychology*, 30 (2), 167-178.
- Palmer, D.L., Berg, C.A., Wiebe, D.J., **Beveridge, R.M.**, Korbel, C.D., & Upchurch, R. (2004). The role of autonomy and pubertal status in understanding age differences in maternal involvement in diabetes responsibility across adolescence. *Journal of Pediatric Psychology*, 29 (1), 35-46.

Selected Presentations:

- Seidenfeld, A.M., Haut, B., Alpert, E., Grassetti, S.N., Fowles, T.R., & **Beveridge, R.M.** (2018, October). *Differences in Implementing Promoting Alternative Thinking Strategies (PATHS) Curriculum Among Two Schools*. Poster presented at the Society for Research in Child Development (SRCD) Promoting Character Development Among Diverse Children and Adolescents: The Roles of Families, Schools, and Out-Of-School-Time Youth Development Programs, Philadelphia, PA.
- Grassetti, S.N., Haut, B., Tuohy Walls, M., Hughes-Reid, C., McAuliffe Lines, M., Fowles, T.R., **Beveridge, R.M.** (2017). Understanding the value of and barriers to integrating Preventative behavioral health services into well visits in underserved pediatric primary care settings. Symposium presented at the American Psychological Association's Annual Convention, Washington, D.C.
- Beveridge, R.M.**, Hajcak, G., McMakin, D., Gibbons, M.B. (2017). The Delaware Project-ABCT-RDoC Webinar Series, Webinar 2: Reward sensitivity and depression: from mechanism to implementation. Hosted by the National Institute of Mental Health.
- Beveridge, R.M.**, & Fowles, T.R. (2017). Overview of the Delaware Project. Presented at the Annual Meeting of the Academy for Psychological Clinical Science (APCS), Boston, MA.

- Beveridge, R.M.** (2016). *Clinical Psychology: A training vision, example, and accreditation as a lever for progress*. Invited talk at the National Academies of Science Workshop: Training the Future Child Healthcare Workforce To Improve Behavioral Health Outcomes For Children, Youth, and Families.
- Barnes, J. B., Sacco, G. R., Williamson, A., & **Beveridge, R.** (2014). *The Delaware Project*. Keynote talk given at the Dissemination and Implementation Special Interest Group Meeting at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Sacco, G. R., Barnes, J. B., Williamson, A., Davies, C., Lakind, D., Craske, M., Atkins, M., & **Beveridge, R.** (2014). *The Delaware Project in Review: Improving Dissemination and Implementation Training Tools Across the Clinical Science Spectrum*. Poster presented at the Delaware Psychological Association Conference, Rehoboth Beach, DE.
- Fowles, T.R., **Beveridge, R.** (2013). Evaluation of Home-Based Parent-Child Interaction Therapy (PCIT). In Masse, J.J. (Chair) *Having "PRIDE" in Your Home: Statewide dissemination of home-based PCIT*. Presented at the biennial PCIT convention, Boston, M.A.
- Fowles, T.R., **Beveridge, R.** (2013). Overview of the Delaware Project and resource submission process. Presented at the Annual Meeting of the Academy for Psychological Clinical Science (APCS), Washington, D.C.
- Smith, M., Fowles, T.R., **Beveridge, R.** (2012). A Provider's Perspective on the Implementation of PCIT in a Community Setting. In Masse, J.J (Chair), *Paving the road for community dissemination and implementation of Parent-Child Interaction Therapy: Lessons learned from the field*. Symposium presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.
- Fowles, T.R., **Beveridge, R.** (2012). Evaluation of Home-Based Parent-Child Interaction Therapy (PCIT). In Masse, J.J. (Chair) *Home-Based Parent-Child Interaction Therapy (PCIT): Implementing an Evidence-Based Treatment within a System of Care*. Two training institutes presented at the biennial Georgetown University Training Institutes conference, Orlando, FL.
- Masse, J.J., McNeil, C.B., Herschell, A., Mrozowski, S.J., Hiegel, S., Chase, R., Amaya-Jackson, L., Murphy, R., Smith, M., Fowles, T.R., **Beveridge, R.** (2012) *Paving the road for community dissemination and implementation of Parent-Child Interaction Therapy: Lessons learned from the field*. Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.
- Beveridge, R.**, Fowles, T.R., Alexander, J.F., Hayes, A., Garland, A.F., Shoham, V., (2011) *Dissemination of Evidence-Based Practice: The Science of Psychotherapy in the*

Community. Annual Convention of the Association for Psychological Science (APS), Washington, DC.

Beveridge, R.M., Graber, E.G., and Powers, J. & Fowles, T.R., (2011) *Integrating a University Training Clinic Into the System of Care: A Case Study of Collaboration With Parent Child Interaction Therapy (PCIT)*. System of Care Community Training, Chicago, IL.

Comer, J., Masse, J.J., Fowles, T.R., **Beveridge, R.M.**, Costello, A.H., McNeil, C.B., Eyberg, S.M. (2011) *Implementing Home-Based Parent-Child Interaction Therapy: Clinical Considerations, Adaptations, and Outcomes*. Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario, Canada.

Fowles, T.R., **Beveridge, R.**, Garland, A.F., Atkins, M.S., Chambless, D. (2011) *Training in Evidence-Based Practice: Perspectives from Doctoral and Internship Programs on Dissemination and Implementation*. Annual Convention of the Association for Psychological Science (APS), Washington, DC.

Garland, A., Atkins, M., Brookman-Freeze, L., Hayes, A.M., **Beveridge, R.**, Beidas, R., Fowles, T.R., Accurso, E.C. (2011) *Training a New Generation of Dissemination and Implementation Scientists*. Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario, Canada.

Berg, C., Smith, T., Skinner, M., Ko, K., Story, N. Allen, N., **Beveridge, R.**, Pearce, G., Uchino, B., & Florsheim, P. (November, 2006). *Cognitive and interpersonal factors involved in couples' perceptions of collaborative problem solving*. In J. Strough and C. Berg (Organizers). Social Cognition: Are two heads better than one? Symposium presented at annual Gerontological Society of America Meetings, Dallas, TX.

Beveridge, R.M., Berg, C.A., Wiebe, D.J., & Freitag, M. (2005, March). *Congruence in daily stressors of adolescents with diabetes and their mothers*. Poster session presented at the annual meeting of the American Psychosomatic Society, Vancouver, British Columbia.

Berg, C., Wiebe, D., **Beveridge, R.M.**, Palmer, D., Korbel, C., Upchurch, R., Swinyard, M., Lindsay, R., & Donaldson, D. (2005, March). *Dyadic coping and emotional adjustment in children with diabetes and their mothers*. Poster session presented at the annual meeting of the American Psychosomatic Society, Vancouver, British Columbia.

Skinner, M., Berg, C.A., Smith, T.W., Allen, N., Uchino, B., **Beveridge, R.**, Daniels, C., Pearce, G., Florsheim, P., Ko, K., & Hamilton, L. (2005, November). *Context specificity of emotion regulation in older and middle-aged married couples*. Poster session presented at the annual meeting of the Gerontological Society of America, Washington, D.C.

Wiebe, D.J., Berg, C.A., Palmer, D.L., **Beveridge, R.M.**, Korbel, C., Upchurch, R., &

- Fortenberry, K. (2004, March). *Maternal involvement in diabetes care across adolescence: Self regulation and the self*. Paper presented at annual meeting of the Australasian Society for Behavioural Health and Medicine, Christchurch, New Zealand.
- Wiebe, Berg, Cameron, Young, Korbel, Upchurch, Palmer, & **Beveridge, R.M.** (2004, March). *Trait anxiety and diabetes self-regulation across adolescence: The moderating influence of maternal involvement*. Poster session presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
- Wiebe, D.J., Berg, C.A., Upchurch, R., Korbel, C., Palmer, D.L., **Beveridge, R.M.**, Donaldson, D.L., Lindsay, R., & Swinyard, M.T. (2004, March). *Maternal depression predicts the form of maternal involvement in diabetes management across adolescence*. Poster session presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.
- Ko, K.J., Berg, C.A., Smith, T.W., Uchino, B., Allen, N., **Beveridge, R.**, Pearce, G., Skinner, M, Daniels, C., Gilbert, J., Hamilton, L., Glazer, K., & Florsheim, P. (2004, November). *Facets of neuroticism and cognitive functioning in middle-aged and older adults*. Poster presented at the Annual Conference of the Gerontological Society of America, Washington, D.C.
- Allen, N., Berg, C.A., Smith, T.W., **Beveridge, R.M.**, Florsheim, P., Hawkins, M., & Pearce, G. (2004, November). *Positive and negative relationship characteristics in middle-aged and older married couples*. Paper presented at the meeting of the Gerontological Society of America, Washington, D. C.
- Beveridge, R.M.**, Berg, C.A., Wiebe, D.J., Palmer, D.L., Korbel, C.D., Swinyard, M.T. (2003, April). *Children's and mothers' perceptions of the stressors in managing diabetes*. Poster presented at the meeting of the Society for Research in Child Development, Tampa, FL.
- Korbel, C., Wiebe, D.J., Berg, C.A., Palmer, D.L., Korbel, C., & **Beveridge, R.M.** (2003, Spring). *Mothers' reasons for transferring diabetes responsibility to their child: Not always about readiness*. Poster presented at the meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
- Robertson, G., Wiebe, D., Berg, C., Upchurch, R., Korbel, C., Palmer, D., **Beveridge, R.**, & Donaldson, D. (2003, March). *Mother-child illness perceptions and adherence among adolescents with type 1 diabetes*. Poster presented at the Annual Meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
- Smith, T.W., Uchino, B.N., Berg, C.A., Hawkins, M.W., Glazer, K.M., Bloor, L., Allen, N.J., & **Beveridge, R.** (2003, March). *Blood pressure reactivity during marital interaction predicts concurrent coronary artery disease*. American Psychosomatic Society meeting, Phoenix, AZ.

- Allen, N., Berg, C., Smith, T., Hawkins, M., Glazer, K., Uchino, B., Florsheim, P., & **Beveridge, R.** (2003, November). *The nature of marital conflict in middle aged and older couples*. Paper presented at the meeting of the Gerontological Society of America, San Diego, CA.
- Berg, C., Smith, T., Uchino, B., Hawkins, M., Glazer, K., Allen, N., **Beveridge, R.**, & Florsheim, P. (2003, November). *Agreement and accuracy in perceptions of self and spouse's cognitive functioning*. Paper presented at the meeting of the Gerontological Society of America, San Diego, CA.
- Berg, C., Smith, T., Uchino, B., Hawkins, M., Glazer, K., Allen, N., **Beveridge, R.**, Florsheim, P., Montgomery, S., & Warden, J. (2003, November). *Cognitive functioning and cardiovascular reactivity during couples' collaborative problem solving*. In L. Martire & M. Franks (Chairs), Older couples managing everyday challenges: A focus on partner perceptions and influences during dyadic interactions. Symposium conducted at the meeting of the Gerontological Society of America, San Diego, CA.
- Montgomery, S. Wiebe, D.J., Berg, C.A., Korbel, C., Upchurch, R., **Beveridge, R.M.**, Palmer, D.L. (2002, March). *Sex differences in diabetes self-conceptions during adolescence*. Poster presented at the meeting of the Society for Behavioral Medicine, Salt Lake City, UT.
- Korbel, C. D., Wiebe, D. J., Berg, C., **Beveridge, R.**, Palmer, D., Lindsay, R., Swinyard, M. T., & Donaldson, D. (2002, April). *Maternal depression and involvement in diabetes care during adolescence*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D. C.
- Palmer, D. L., Berg, C. A., & **Beveridge, R.** (2002, April). *Interdependence in adolescents' and mothers' life goals and adolescents' current academic performance and outlook for future education*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence. New Orleans, LA.
- Wiebe, D. J., Berg, C. A., Palmer, D., Korbel, C., **Beveridge, R.**, Swinyard, M., & Donaldson, D. L. (2001, April). *Parental involvement in diabetes care during adolescence: Influences on depression, adherence, and metabolic control*. Poster presented at American Diabetes Association Annual Meetings, Philadelphia, PA.